

Retired & Senior Citizens Brotherhood



(an Organisation Of, For and By the Senior Citizens)

Regd. with Registrar of Societies, Govt. of NCT Delhi Reg. No. S/58695/2007)

Off: B-1C/56A, Janakpuri, New Delhi-58 Tel : 011-45573670

Email : rscbrotherhoodnew@gmail.com Web : www.rscb.in

R&SCB's
Thrice in a year
Publication
* April
* August
* December

Heartiest Greetings & Best Wishes for

- ☀ Christmas Day
- ☀ Republic Day
- ☀ New Year Day
- ☀ Basant Panchami
- ☀ Lohri
- ☀ Maha Shiv Ratri
- ☀ Holi Festival



R&SCB honoured Golden agers on 1st October 2025 at S.D. Mandir, B-2 Block, Janak Puri, New Delhi

EXPLORE THE WORLD WITH US



FOR ALL YOUR TRAVEL NEEDS:

- Adventures Tours
- Pilgrimage Tours
- Honeymoon Special
- Ladies Special
- Family Trip
- Senior Citizens Group Etc.
- Short Weekend
- Corporate Tours (MICE)



Foxtrav Hospitality Pvt. Ltd.

Unit No. B-1507, Tower NX-BYTE, Plot No.17, Techzone-4, Greater Noida West, U.P.
info@foxtrav.in

T.: 0120-5106787 | M.: 8014014010/20/30

THAILAND TOUR



VIETNAM TOUR



AYODHYA TRIP (GROUP 1)



AYODHYA TRIP (GROUP 2)





From GENERAL SECRETARY's DESK

Dear members,

We all celebrated Shardiya Navratras, Durga puja, Deepawali and prakash punv of Sri Guru Nanak Dev Ji. Wish you all Merry Christmas and happy new year in advance. 1st October being International Day for Elderly People, was celebrated by the Association on 1st October 2025 at Sanatan Dharam Mandir Hall, B-2 Block, Janakpuri, Delhi. Golden Agers were honoured with Shawls and Garlands. Stage was shared amongst Golden Agers to express their feelings, recite poems and sing bhajans etc. Snacks with sweets were served to the participating members. I earnestly acknowledge and thank all the R&SCB Executives for their sincere cooperation in managing the function. There had been an overwhelming response from our members' for the tours organised during the current period. International tours to Thailand, Vietnam and domestic tours to Ayodhya, North East, Gujarat, Odisha, Goa-Lakshadweep etc. successfully conducted. A picnic trip to Pratapgarh Farms was also organised on 14.10.2025, which was much enjoyed and appreciated by our members. Last but not the least, few of our colleagues left our association due to one reason or the other. During past, we lost our President Dr. G.L.Verma, Patron Shri M.L. Kalra and on the other, few of our colleagues, namely Shri G.K. Sharma, Smt. Sarla Sareen, Shri Harish Talwar and Shri S.C. Kathuria left the Association after attaining age of retirement. We wish all of them good health and happy time ahead. Valuable guidance and suggestions from members are always welcome. Please do contact us.

Gulshan Kalia
General Secretary
M-8076388421

EXECUTIVE COMMITTEE

PATRON

Shri Pritam Singh
Mob. 9372130127

PRESIDENT

Shri M. J. Narula
Mob. 9350351680

GENERAL SECRETARY

Shri Gulshan Kalia
Mob. 8076388421

TREASURER

Shri Manoj Garg
Mob. 9958508475

SECY. CULTURAL

Shri Praveen Gupta
Mob. 9958091023

ADD. SECY. (Cultural)

Smt. Sharda Arora
Mob. 9999514398

SECRETARY BULLETIN

Shri Gagan Sharma
Mob. 9910909476

ASST. SECY. (Comp.)

Shri Narendra Kumar
Mob. 9910299708

Shri G.D. Khubchandani

Mob. 9811931155

Smt. Sudha Verma

Mob. 9810937989

Shri Anil Nasa

Mob. 9910299708

AUDITOR

A.K.C. ASSOCIATES
Mob. 9810127256

LEGAL ADVISOR

Shri K. C. Arora
Mob. 9711166160,
9711166017

AFTER RETIREMENT

COME & JOIN

RETIRED & SENIOR CITIZENS BROTHERHOOD (REGD.)

FOR MAKING REST OF YOUR LIFE ENJOYABLE

OFFICE: B-1C/56A, JANAKPURI NEW DELHI-58

Tel. No.: 01145573670

Email: rscbrotherhoodnew@gmail.com

Web.: www.rscb.in



FORTHCOMING TOUR PROGRAMMES

From December 25 To March 26

FOREIGN TOURS:

1. Japan Tour

8N/9D Delhi-Osaka via Tokyo, Tokyo-Delhi direct Flight. 4N Osaka & 4N Tokyo during 1st week of April 2026. City tour of Osaka, Kyoto, Hiroshima. Day Tour MT FUJI with level 5 Ticket. Bullet Train Journey & Disneyland, Cherry Blossom show all around. Total cost of the tour is Rs. 3,50,000/-. Booking amount of Rs.1,00,000/- to be paid in advance by ***cheque only*** at the time of enrollment.

2. Dubai Tour

4N/5D Dubai tour by Air during last week of March 2026. Miracle Garden, Sand safari & Dhow Cruise. Total cost of the tour is Rs. 87000/-. Booking amount of Rs. 25,000/- to be paid ***by cheque only*** at the time of enrollment.

PLEASE NOTE-

No online payment is accepted by us in respect of foreign travel as TCS would be applied by our travel agent. Please do not send any direct payment to our account but hand over crossed cheque at office.

Please do not forget to mention necessary details, such as name & mobile number, name of tour, PAN number etc. on the back of the cheque.

DOMESTIC TOURS

3. Kerala Tour

7N/8D Kerala Tour by Air during last week of January 2026. 1N Kanyakumari, 1N Kovalam, 1N Kollam, 1N Alleppey, 1N Thekkady, 2N Munnar including Jatayu Earth Centre. Total cost of Rs. 56000/- to be paid at the time of enrollment.

4. Andaman-Nikobar Tour

5N/6D Andaman-Nikobar Tour by Air during last week of February 2026. 3N Portblair, 1N Havelock & 1N Neil Island. Total cost of Rs. 59,000/- to be paid at the time of enrollment.

5. Udaipur-Mount Abu Tour

4N/5D Udaipur-Mount Abu tour by Air, during 3rd week of December 2025. 2N Udaipur & 2N Mount Abu. Total cost of Rs. 36500/- to be paid at the time of enrollment.

6. Ujjain-Indore Tour

4N/5D Ujjain-Indore tour by Air during 1st week of March 2026. 1N Ujjain & 3N Indore. Mahkaleshwar, Omkareshwar Jyotirling and Mandu day tour. Total cost of Rs. 34000/- to be paid at the time of enrollment.

7. Jodhpur-Jaisalmer Tour

2N/3D Jodhpur-Jaisalmer tour by Air during 2nd week of February 2026. Total cost Rs. 27000/- to be paid at the time of enrollment.

8. Khajuraho-Orchha Tour

2N/3D Khajuraho-Orchha during 3rd week of March 2026. 1N Khajuraho & 1N Orchha. Total cost of Rs. 23500/- to be paid at the time of enrollment.

9. Rann of Kutch Tour

3N/4D Rann of Kutch Tour during 2nd week of January 2026. Total cost of Rs. 34000/- to be paid at the time of enrollment.

Important terms & conditions

- 4* hotel accommodation provided on foreign travel and 3* hotel arrangements are made for domestic travel, on twin sharing basis.
- Bus travel by 2x2 AC coach, wherever applicable.
- Train journey by Chair Car or 3AC but can be upgraded on request and cost.
- Includes Breakfast, Lunch & Dinner
- 1 litre water bottle per person per day during journey.
- Due diligence is exercised in deciding travel itinerary, travel date and cost. However, cost of tour may revise due to fluctuation in foreign currency exchange rates and/or increase in airline fare or other reasons beyond our control.

DAY PICNIC:

1. Surajkund Mela

@ ₹500 per person being bus fare

Picnic proposed on 06.02.2026 by 2X2 AC bus. Departure at 8:30 A.M. from R&SCB Office. ***Only cash payment*** will be accepted.

2. Dreamland Gurgaon

@ ₹1600 per person includes full day entertainment i.e. Amusement Park Rides. Tubewell Bath, Rain Shower. Breakfast, lunch, full day snacks and tea will be provided. Picnic proposed on 12.03.2026.

by 2X2 AC bus. Departure at 8:30 A.M. from R&SCB Office. ***Only cash payment*** will be accepted.

For booking, please visit office during 11A.M. to 1 P.M. on weekdays except Sunday. Please place your request for tour by WhatsApp or call the undernoted persons for tour related queries.

Praveen Gupta, Cultural Secretary, M-9958091023

Sharda Arora, Add. Cultural Secretary, M-9999514398

Gulshan Kalia, General Secretary, M-8076388421



VIETNAM TOUR

A group of 31 members of R&SCB visited VIETNAM from "29TH OCT.' 25 TO 6TH NOV' 25, with the Tour Manager Mr. Gagan Malhotra of Zenith Holidays.

Day 1: All the members reached Airport in time. Flight left and reached Hanoi at 4.55 AM. Members were transferred and checked in hotel. Breakfast at hotel and had lunch in Indian restaurant then proceeded for sightseeing. Visit to The Ho Chi Minh Complex, One Pillar Pagoda, Tran Quoc Pagoda, Hoan Kiem Lake, Ho Chi Minh's Mausoleum then proceeded for Mega Grand World. Dinner in restaurant and overnight stay at Hanoi.

Day 2 : Breakfast at hotel then visited Ninh Binh – Boat trip to Tam Coc, Bich Dong Pagoda. After lunch went to Hoa Lu thru Tranquil villages to enjoy the daily life of people in Ninh Binh. After dinner overnight stay in Hanoi.

Day 3 : After breakfast check out from hotel and transfer to Halong Bay, Lunch on board and enjoyed sunset view from sundeck. Evening attended various activities on boat then Dinner on board and overnight stay at Cruise.

Day 4 : After breakfast on board visited by boat to Luon cave, a ring-shaped pool inside an island in Halong tranquil landscape and emerald water. Then back to the Wharf of Halong. Arrived at Halong Wharf by noon time after having brunch on board. Then transferred to Airport for flight to Danang. From Danang Airport transferred to hotel. Dinner at Indian restaurant and overnight stay in Danang hotel.

Day 5 : After breakfast transferred to Ba Na hills and took cable car for Ba Na hills Station. Had lunch in restaurant there and after enjoying Then came back by cable car and after enjoying at Golden Bridge reached hotel. Later visited Hoi an ancient town, took a boat trip in a shimmering space, seen fanciful of pictures of hundreds of flower lanterns floating on the water surface, Enjoyed shopping at the night market. After dinner overnight stay in Danang hotel.

Day 6 : After breakfast, checked out for flight to Saigon. On arrival guide took us to City Centre for lunch in Indian restaurant and then checked in the hotel. In the afternoon started for city tour, visited the harrowing war museum and passed by the side of Ornate City Hall, old Opera House and took pictures of Reunification Palace from outside. Visited Central Ben Thanh Market of appealing Handicrafts of every taste. After Dinner overnight stay at Ho Chi Minh.

Day 7 : After Breakfast at Hotel, visited to My Tho (the homeland of Coconut and local products like coconut candy, rice paper). Embarked on the motorboat cruising on the Mighty Mekong River and seen the local peoples life living along the river banks. After taking the lunch, took the motorboat to mainland then back to Saigon. Dinner and overnight stay at Saigon.

Day 8 : After breakfast, visited Cu Chi tunnels which played a vital role in the war against Americans. After taking lunch, members were dropped at Airport for the return journey to Delhi.

The R&SCB is thankful to all the esteemed members for their utmost cooperation to our tour manager for making this trip memorable.

BANGKOK-PHUKET-KRABI TOUR

21 Members of Retired & Senior Citizens Brotherhood (R&SCB) proceeded for a Bangkok-Pattaya tour from 12.09.2025 to 18.09.2025.

Day 1 : Members reached IGI Airport Terminal 3, Gate no. 4, well in time to board Indigo flight to Bangkok. Members were served breakfast outside the Airport. Flight reached Phuket on schedule and transfer to the Hotel for check-in. On their way had lunch in an Indian restaurant. After check-in and relaxing members proceeded for Phuket Fantasia Show with Dinner, then return to Hotel for overnight stay.

Day 2 : After Breakfast Members proceeded for Phi-Phi Island with a Speed Boat which took



approx. 40 minutes to reach there, had Lunch and returned to Phuket. After some recreation took their dinner at a Indian restaurant, returned to Hotel for overnight stay.

Day 3 : Breakfast at hotel and then checked out from hotel for Krabi. Onway had a view of Phuket city. Lunch at the Indian restaurant. Arrived Krabi Hotel, check-in. After some rest proceeded for City Sight Tour. taken Dinner and came back to Hotel for overnight stay.

Day 4 : After Breakfast Members proceeded for Krabi 4 Island tour with a Speed Boat, had Lunch and returned to Krabi. After some recreation took their dinner at a Indian restaurant, returned to Hotel for overnight stay in Krabi.

Day 5 : After Breakfast, check out from the Hotel and transfer to the Krabi Airport to take a flight for Bangkok. After arriving check-in to Hotel. Lunch enroute, After refreshing enjoy Chaopraya princess Dinner Cruise in the evening, back to Hotel for overnight stay in Hotel.

Day 6 : After Breakfast proceeded to Safari World with Marine Park. Taken Lunch and returned to Bangkok, enjoyed free time Shopping. After taking Dinner at an Indian Restaurant came to Hotel for overnight stay.

Day 7: After completing all the formalities, proceeded for City Tour of Bangkok, taken Lunch on time and transfer to the Airport took the Indigo flight to back Home.

After arrival at Delhi, everyone said goodbye to each other and left for their respective Homes, cherishing the memories of the journey.

R&SCB thanks honourable members for their co-operation during the tour.

NORTHEAST TOUR

A group of 23 members of R&SCB visited the Lush Green State i.e NORTH EAST from "4TH SEPT. TO 10TH SEPT'25, under the leadership of Shri. G. D. Khubchandani.

Day 1 :- All the members reached Airport well in time. Packed Breakfast was given to all, after check-in, all the members met in the boarding waiting area and had B/fast there. Flight left as per schedule and landed right time. For all the members five Crysta vehicles were waiting at Bagdogra Airport. All members boarded the vehicles and left for Gangtok. On way had a lunch in the restaurant and reached after enjoying the Greenery and Natural beauty of NE State. After a day long journey, all checked-in their allotted hotel rooms for relax and after dinner all went for a sleep.

Day 2 :- After Breakfast, all members recited Gayatri Mantra before boarding their respective vehicles and left for Baba Harbhajan Singh Temple near Nathula Pass, reached after enjoying the natural beauty enroute. After offering prayers and taking pictures of the temple left for Tchhangu Lake, enroute stopped at beautiful fall for members photography where members took pictures in the local dresses of that area for their sweet memories. On way back to Gangtok, had lunch in local restaurant, visited Handicraft center and further convoy stopped at M G Road main market, after taking tea & snacks, all enjoyed shopping and reached back hotel, relaxed for some time and after dinner went for a sleep.

Day 3 :- After breakfast left for local sightseeing. As the Flower Garden was closed for maintenance we just had seen from outside and went "Hanuman Tok" (Bajrang Bali Temple) & "Ganeshji Tok" (Ganeshji Temple). After covering these points left for Kalimpong, enroute visited famous "Banjhakri Falls Sikim". It was really worth seeing. Reached Kalimpong at 5.30 PM. On arrival at very beautiful "Sinclairs Resort" Welcome Drink was served followed by Tea & Snacks. After relaxing for some time all again gathered in a beautiful garden of resort. Music started and all the members of whatever age became "SWEET-16" and danced on Punjabi Songs. Then all proceeded for dinner in a beautiful Dinning Hall where Live Music was going on. All the members enjoyed the old songs performed by the singer and danced memorizing their old days. Then all went for sleep.



ODISHA TOUR

A group of 23 members of R&SCB visited ODISHA from "3rd NOV. TO 7TH NOV'25, with the Tour Manager Shri Tarun Gera.

Day 1:- All the members reached Airport well in time, packed lunch was provided to them by tour manager. Flight left as per schedule and reached Bhubaneshwar in time. Members were transferred to hotel in the evening and then checked in their allotted rooms, had dinner and went for sleep.

Day 2:- After breakfast all checked out and boarded the coach for Puri. On way covered many points i.e Khandagiri & Udaygiri Jain monuments, Dauli peace pagoda, Lingaraj temple then had lunch in local restaurant. Again covered two more points Pipli village, Sakhigopal temple and then checked-in Puri hotel, had dinner and overnight stay at hotel.

Day 3 :- Day started with early morning 5AM for darshan of Bhagwan Jaganathji by local auto. After darshan came back to hotel, had breakfast and started again for Satapada Chilka Lake. After enjoying boating in lake, had lunch in local restaurant. On way back to Puri had darshan of Alarnath Temple. In Puri enjoyed evening at beach. After dinner in hotel went for a sleep.

Day 4 :- After breakfast checked out hotel, enroute started with Konark Sun Temple, Ramchandi beach, Chandrabhaga beach, after taking lunch proceeded for Bhubaneshwar. Checked in hotel, took dinner and went for sleep.

Day 4 :- Most of the members got up early in the morning , had morning walk of the Resort some of the members played Badminton in the court. Then after taking the delicious breakfast, checked out and left for local sightseeing points i.e. Delo Park, Dr. Grambell House & School, Pineview Nursery. On way to Darjeeling, had lunch enroute and checked-in Hotel .

Day 5 :- Early in the morning at 3.45, 20 members joined for Tiger Hill "the Sun rise point and view point for Kanchendzonga Peaks", as it was cloudy, we could not witness Sun Rise and the view of the peaks. Any way enjoyed tea there and on way back to hotel seen Ghoom Monastery. After breakfast started again for local sightseeing i.e Japanese Temple, Zoological Park and Batasia Loop.

Day 6 :- After breakfast left the hotel and first stopped for local point, to show the Toy Trains, one hauled by Steam Engine and the other one is hauled by Deisel engine. Ater capturing the memories of toy trains and Kargil War Memorial left for Mirik Lake. All enjoyed boating there and then enjoyed delicious lunch at famous Jagjeet Hotel. Reached back hotel. After relaxing most of the lady members went to Mall Road market for last day shopping. After finishing dinner Tambola game was arranged for the members, which everybody enjoyed and then went for sleep.

Day 7 :- After breakfast checked out hotel and assembled In Lobby for group photograph and recital of Gayatri Mantra then left for Bagdogra Airport, had lunch enroute. After check-in formalities boarded the flight, reached Delhi airport at 7.20 PM. Every one said Good bye to each other and wish to have other trip like this. All the members were very happy and shared their views to our Travel Partner for this trip. They all appreciated and thanked the Unsung back hand Heros of R&SCB for organizing such a beautiful tour.

R&SCB is thankful to all the esteemed members for their utmost cooperation to Group Leader & our Travel Partner during the entire trip.

GRIEVED

With profound grief, We inform the following

NAME	DATE
Shri Pradeep Kumar Prashar	24.03.25
Shri O.P. Chandna	27.03.25
Shri Avinash Chander Sharma	-----
Smt Inderjeet Kaur Mokha	12.04.25
Smt Jatinder Palikar	-----
Shri Raj Singh Ranga	29.06.25



Day 5 :- After breakfast checked out from hotel and on way seen Nandankanan Zoological Park and after taking lunch proceeded for Bhubaneshwar Airport, boarded the flight and reached Delhi at scheduled time. All the members say good bye to each other and were very happy with R&SCB for organizing this short trip.

The R&SCB is thankful to all the esteemed members for their utmost cooperation to our tour manager for making this trip memorable.

GUJARAT TOUR

A group of 32 members of R&SCB visited GUJARAT from "6TH NOV. TO 14TH NOV'25, with the Tour Manager Shri Krishna of Zenith Holidays.

Day 1:- All the members reached Airport BY 7AM packed breakfast was provided to them by tour manager. Flight left and reached Ahmedabad as per schedule. Members were transferred and checked in hotel. After lunch visited Sabarmati Ashram, Sabarmati River Front, visited Akshardham Temple and enjoyed Light & Sound show. Dinner at hotel and went for sleep.

Day 2 :- Checked out from hotel for Vadodara, checked in hotel and had lunch. After relaxing for some time started for local sightseeing i.e. Laxmi Vilas Palace, Baroda Zoo, Sur Sagar Lake. After dinner night stay in hotel.

Day 3 :- After breakfast checked out and proceeded for Kevadia seen famous "Statue of Unity", viewed Exhibition, Audio Visual Gallery, Valley of Flowers, Sardar Sarovar Dam Viewpoint, Cactus and Butterfly Garden, Ekta Nursery, Ekta Cruise & Jungle Safari. Then after having lunch at local restaurant checked in Kevadia hotel for overnight stay.

Day 4 :- After breakfast checked out and moved for Bhavnagar. Enroute visited Nilkanth Dham and had lunch in local restaurant then proceeded for other points Nishkalank Mahadev Temple and Swaminarayan Temple then checked in hotel at bhavnagar and after freshen up, took dinner and

overnight stay in hotel.

Day 5 :- After breakfast in hotel checked out for Diu. After reaching Diu enjoyed various activities at beach visited Gangeshwar Temple and after having lunch moved for Somnath, after dinner overnight stay in Somnath Hotel.

Day 6 :- After breakfast, proceeded for Devalia Park bus Safari and then return back to Somnath. After lunch in hotel went for sightseeing, visited Triveni Mahasangam, Bhalka Tirth, Somnath Jyotirlinga witnessed Light and Sound show. After dinner overnight stay in hotel.

Day 7 :- After breakfast checked out and proceeded for Dwarka, enroute visited Madhavpur beach, had lunch in restaurant and reached Dwarka in the evening. After freshen up attended evening Aarti at Dwarkadhish Temple. Dinner and overnight stay in Hotel.

Day 8 :- After breakfast started for sightseeing tour visited Nageshwar Jyotirlinga temple and then moved ahead to beautiful Beyt Dwarka island. Took lunch in hotel and after relax attended evening Aarti at Dwarikadhish temple. Dinner and overnight stay in hotel.

Day 9 :- After breakfast checked out hotel for Hirasar Airport, had lunch in restaurant, boarded Flight and reached Delhi at 7.45 PM with lot of memories of religious trip.

The R&SCB is thankful to all the esteemed members for their utmost cooperation to our tour manager for making this trip memorable.

AYODHYA TOUR

Two groups R&SCB of 31 members each had 2 nights and 3 days Ayodhya Tour to visit Ram Mandir and other mandirs of Ayodhya on 9th Sept, & 14th Sept'25, under the leadership of Shri. Narender Kumar and Shri. Gulshan Kalia.

Day 1 :- Boarded Vande Bharat train at Anan Ad Vihar Rly. Station and reached Ayodhya at 3.30



PM. After lunch and some rest went to Guptar Ghat and also visited two nearby temples.

Day 2 :- After breakfast visited Sri Ram Mandir, Hanuman Garhi and came back to hotel for lunch. After taking some rest went to Sarayu Ghat for evening Aarti Darshan and to visit Lata Mangeshkar Choak.

Day 3 :- After breakfast visited Dashrath Bhawan, Kanak Bhawan, Rasoi and Bada Hanuman Temple in the nearby area of Sri Ram Mandir. Reached hotel back, had lunch and proceeded for Ayodhya Railway Station to board the Vande Bharat train. Reached Anand Vihar station at 11.40 PM. All enjoyed the religious tour with Sweet Memories.

R&SCB Executive Committee is thankful to all the esteemed members for their utmost cooperation to our Group Leader and Tour Manager during the entire trip.

PICNIC

42 Members of R&SCB under the leadership of Shri Gulshan Kalia visited for a Day Picnic to Partapgarh Farms on 14.10.2025, a famous resort for a day picnic in Jajjhar area near Bahadurgarh in Haryana. All assembled near R&SCB office in the morning, boarded in 2x2 coach and left at 08:30 A.M. They reached at their destination at around 11 A.M. They had their breakfast first and then went to enjoy various activities relating to rural life such as camel/camel cart ride, mud and tubewell bath, sawan ka jhula and boating in self driven boat. Members had buffet lunch at around 1.30 P.M; few of them tried Bajra and Makka Roti with home made butter. After lunch members relaxed on rural cots for sometime. Lastly they had some amusement rides. After an evening tea, all boarded the bus for their return journey. Members returned back with sweet memories of the trip. R&SCB thank all the members for their utmost cooperation during the trip.

Golden Agers who attended the felicitation function and honoured on 1st October'25

32 Super Senior members achieving golden age of 80 years during the year, were invited to attend a get-together on 01.10.2025 at Sanatan Dharam Mandir, B2 Block, Janakpuri, New Delhi, where they were honoured with garlands & shawl. Tea and snacks served after the function. We thank Golden Agers for sparing their valuable time to grace the occasion and thank all participants including R&SCB team for their utmost cooperation in managing the function.

NAME	M.NO.
1. Sh. Puranchand chawla	3485
2. Dr. K.D. Srivastava	5900
3. Smt. Uma Tiwari	2516
4. Sh. Ashok Kumar Sharma	5482
5. Sh. Bhim Sen Sumrani	2518
6. Sh. Charan Jit Kalra	6007
7. Smt. Suresh Kanta	6887
8. Sh. Surjeet Singh Chawla	2552
9. Smt. Satsuman Shukla	4350
10. Sh. Laxmi Narayan Kapoor	3703
11. Sh. Harpreet Singh Batra	5406
12. Sh. Satish Chand Gupta	3620
13. Sh. Yash Pal Vasudeva	3456
14. Sh. Harjeet Singh Chaman	2465
15. Sh. Lok Nath Triksha	6632
16. Sh. Ramesh Kumar	1746
17. Sh. B.S. Malhotra	3963
18. Sh. Subodh kumar	7206
19. Sh. Ramesh Malhotra	3688
20. Sh. R.C. Malhotra	3687
21. Sh. C.B. Anand	7118
22. Sh. Shyam Sunder kalra	3796
23. Smt. D.S. Choudhary	4002
24. Sh. P.R. Sachdeva	3431
25. Smt. Chander Taneja	146
26. Sh. Mahender Kumar Malhotra	4395
27. Sh. B.L. Gupta	3669
28. Sh. C.D. Ajwani	4792
29. Smt. Sunita Malhotra	3819
30. Dr. Dharamveer Singh	2962
31. Sh. Rey Kumar Sharma	2438
32. Sh. Harcharan Singh Kohli	1915

With regards,

Gulshan Kalia
General Secretary
M-8076388421



RBI NEW NOMINATION RULES

Dear Members,

The RBI's new nomination rules have been framed to the benefit of depositors. These rules permit the bank account holders to appoint up to four nominees, replacing the previous one-nominee limit, following the passage of the Banking Laws (Amendment) Act, 2025.

For deposits, customers can choose either **"simultaneous"** nomination (specifying a proportion for each nominee) or **"successive"** nomination (with priority given in the order

listed). For bank lockers and safety custody, only **"successive"** nomination is allowed.

Effective Date :

These provisions came into effect on August 1, 2025. Key changes in the new nomination rules :

Up to four nominees :

You can now nominate up to four people for your bank accounts, lockers, and safe custody with banks.

Two types of nomination for deposits:

Simultaneous :

You can appoint multiple nominees at once and specify the share (proportion) of the deposit each should receive. All nominees listed must receive a portion of the deposit.

Successive :

You can list nominees in a specific order of priority. If the first nominee is deceased, the second nominee becomes effective, and so on.

Rule for Locker Holders :

Successive nomination for lockers and safe custody :

For bank lockers and other items in safe custody, you can only appoint multiple nominees through the successive nomination method.

Nominees do not own the account :

A nominee is still not the owner of the account and

acts as a trustee to receive the funds on behalf of the legal heirs.

***Reduced unclaimed deposits :**

The new rules aim to simplify the process for settling bank assets and reduce the number of

unclaimed deposits by giving customers more flexible options for successive

FREE MEDICAL FACILITY FOR ALL SENIOR CITIZENS BY AIIMS NEW DELHI

(Courtesy By: Mrs. Urmil Katoch, KVS RTEWS Member)

The National Centre for Ageing (NCA) at AIIMS, New Delhi offers specialized and completely free medical care to all senior citizens across India regardless of their state of residence.

Location:

National Centre for Ageing (NCA), AIIMS Campus, August Kranti Marg, New Delhi

Services Available:

The NCA operates a dedicated Geriatric Care Department providing:

- * Geriatric Medicine
- * Geriatric Psychiatry & Dementia Clinic
- * Geriatric Orthopedics
- * Geriatric Surgeries
- * Geriatric Physiotherapy
- * Geriatric Audiometry
- * Geriatric Gynecology
- * Geriatric Urology
- * Geriatric Cardiology
- * Geriatric Neurology
- * Outreach Services

200 Beds Reserved exclusively for senior citizens.

10 MD Doctors and 6 registration counters for smooth service.



F. No. 11/1/2025-P&PW(H)-XI
 Government of India
 Ministry of Personnel, PG & Pensions
 Department of Pension & Pensioners' Welfare

3rd Floor, Lok Nayak Bhawan,
 Khan Market, New Delhi
 Dated: 31-10-2025

OFFICE MEMORANDUM

Subject: Cyber Security Measures for Digital Life Certificate (DLC) 4.0- Advisory for All Central Government Pensioners.

The Department of Pension & Pensioners' Welfare (DoPPW) will be launching **Digital Life Certificate (DLC) Campaign 4.0** from 1st November, 2025 to 30th November, 2025 to ensure flawless submission of annual life certificates by pensioners through various user-friendly platform like Face Authentication Technology, biometric devices, mobile applications, and doorstep services.

2. The Department of Pension & Pensioners' Welfare (DoPPW) has made the process of submitting life certificates easier, faster, and more accessible for pensioners. The increased use of digital technology in pension-related services, it becomes imperative for all pensioners to be aware of basic **cyber security measures** to prevent fraud, identity theft, or unauthorized access to sensitive personal and financial information.

3. All the pensioners are advised to follow the below precautions while using any digital technology for pension-related services:

I. Use Only Authorized Digital Platforms:

- ✓ Submit your Digital Life Certificate only via official Jeevan Pramaan Portal (<https://jeevanpramaan.gov.in>), Post Office app or Aadhaar Face RD Application.
- ✓ Avoid sharing details with unauthorized agents or unverified applications.

II. Secure Your Aadhaar Number and Pension-related Data:

- ✓ Do not share Aadhaar number, OTPs, bank account details, pension payment order (PPO) number, or mobile number with unknown persons.

III. Beware of Fraud Calls:

- ✓ Government agencies will **never** ask for your password, OTP, or bank PIN over the phone or email.
- ✓ Verify emails or messages claiming to be from government sources.

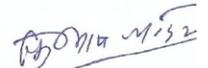
IV. Update Devices and use Secured Internet system:

- ✓ Ensure mobile phones and computers are updated with the latest security patches and antivirus software.
- ✓ Use only secure Wi-Fi or mobile networks while submitting the annual life certificate.

V. Report Suspicious Activity:

- ✓ In case of suspected fraud or misuse, immediately report to the bank, or cyber crime portal (<https://cybercrime.gov.in>).

4. This issues with the approval of the competent authority.


 (Subhash Chander)

Under Secretary to the Govt. of India
 Tel. No. 24644631

What's Free?

- * Registration
- * Consultations
- * Lab tests and diagnostic services
- * Medicines
- * Referrals to specialty units (e.g., Eye, Urology) within the AIIMS complex

How to Access:

- * Carry your Aadhaar card
- * Visit the NCA Block at AIIMS
- * Get registered and consult with a doctor
- * The entire process typically takes 2–3 hours

Key Highlights:

- * No need to be a Delhi resident
- * No cost for any medical services
- * Ideal for checkups, chronic conditions, or specialist care

Please share this valuable information with senior citizens, family members, and retired community members. It's a great initiative by AIIMS to support the health and dignity of the elderly.

For more information, visit:
[\[www.aiims.edu\]](http://www.aiims.edu)(<http://www.aiims.edu>)

KVSRTEWS

ANNUAL DAY CELEBRATION

Our Annual Day function will be celebrated on **Sunday, 14th December 2025** from 11am. onwards at Sanatan Dharm Mandir, B-2, Block, Janakpuri, New Delhi - 110058. Coupons of contribution will be available @Rs.150/- per person, at R&SCB office from 08.12.2025 onwards on first come first serve basis, till coupons are available.

SOME FACTS ONE SHOULD KNOW

We came with nothing, we go with nothing. One great thing we can achieve in our beautiful life is,

A little remembrance in someone's Mind and a small place in someone's Heart.

A beautiful dress can change the personality but beautiful behavior can change the life.

Life is a compromise between your feelings and reality. At every stage you have to quit your feelings accept the reality.

Life is like potter's clay, it gets shaped by our own thoughts.

Life is like Notebook, the pages are already written by GOD. First page is Birth and the last page is Death. Center pages are empty, so fill them with SMILE & LOVE.

If everybody is happy with you, then surely you have made many compromises in your life. And if you are happy with everyone, then surely you have ignored many faults of others.

Never regret any thing in life. If it is good, It's

Wonderful and if it is bad, it's Experience.

Life is short, Time is fast. No replay, No Rewind. So enjoy every moment as it comes.

Good relations never earn profits, but always make you rich.

When nails grow long, we cut nails not fingers. Similarly when misunderstandings grow up, cut your ego and not your relations.

As long as we don't forgive the people who have hurt us, they occupy a rent free space in our mind.

Once a wise man was asked, what is the meaning of life...? He replied, Life itself has no meaning, Life is an opportunity to create a meaning.

CRYING and TRYING have only one letter difference in spelling, but lot in a meaning. CRYING collapses our confidence and TRYING builds our confidence. So always keep on trying.

Prayer is the bridge between PANIC and PEACE.

Easy is to judge the mistakes of others, but difficult is to find our own mistakes.

(Collected & Compiled by G D Khubchandani)

पता ही नहीं चला

कैसे कला 21 से 60 तक का यह सफर, पता ही नहीं चला !

क्या पाया, क्या खोया, क्यों खोया, पता ही नहीं चला !

बीता बचपन, गई जवानी कब आया बुढ़ापा, पता ही नहीं चला !

कल बेटे थे, कब ससुर बन गये, पता ही नहीं चला !

कब पिता से नाना एवं दादा बन गये, पता ही नहीं चला !

कोई कहता सठिया गया, कोई कहता छा गया, क्या सच है, पता ही नहीं चला !

पहले माँ बाप की चली, फिर पत्नी की चली, फिर चली बच्चों की, अपनी कब चली, पता ही नहीं चला !

पत्नी कहती, अब तो समझ जाओ, क्या समझूँ, क्या न समझूँ, न जाने क्यों, पता ही नहीं चला !

दिल कहता जवान हूँ मैं, उम्र कहती है नादान हूँ मैं, इस चक्कर में कब घुटने घिस गये, पता ही नहीं चला !

सफेद हो गये बाल, लटक गये गाल, लग गया चश्मा, कब बदली यह सूरत पता ही नहीं चला !

समय बदला, मैं बदला बदल गई मित्र-मंडली भी कितने छूट गये, कितने रह गये दोस्त, पता ही नहीं चला !

कल तक अठखेलियाँ करते थे दोस्तों के साथ, कब सीनियर सिटिजन की लाइन में आ गये, पता ही नहीं चला !

बहु, जमाई, नाते, पोते, खुशियाँ आई, कब मुस्कुराई उदास जिन्दगी, पता ही नहीं चला !

जी भर के जी लो दोस्तों फिर न कहना कि पूरी उम्र कब बीत गई, मुझे पता ही नहीं चला !

प्रभु बुढ़ापा ऐसा देना

कि हलवा पूरी गटक सकूँ और चबा सकूँ मैं चन्ना।
मेरे तन की शुगर न बढ़े, रहे मिठास जुबाँ की कायम
तन का लोहा ठीक रहे, और मन में लोहा लेने का दम।
चलूँ हमेशा ही मैं सीधा, मेरी कमर नहीं झुक जाए,
यारों के संग, हंसी ठिठौली, मिलना जुलना न रुक जाए।
जियूँ मस्त मगन बन कर, काटूँ अपने दिन और रैन,
प्रभु, बुढ़ापा ऐसा देना।

भले आँख पर चरम हो,
पर टी वी देख, अखबार पढ़ सकूँ, पास हों या फिर दूर रहें,
मित्रों से मैं बात कर सकूँ।

चाट-पकोड़ी, पानी-पूरी, खारुं, लेकर चटखारे,
बीमारी और कमजोरी, फटक न पाएँ पास हमारे।
सावन सूखा, हरा न भादों, रहे हमेशा मन में चोना,
प्रभु, बुढ़ापा ऐसा देना।

मेरे जीवन की शैली पर, नहीं कोई प्रतिबंध लगाए,
जीवन-साथी साथ रहे, संग संग हम दोनों मुस्काएँ।
नहीं आत्म सम्मान से कभी, करना पड़े हमें समझौता,
बाकी तो जो, लिखा भाग्य में, जो होना है, वो ही होता।
करनी ऐसी करूँ, गर्व से, मिला सकूँ मैं सबसे नैना,
प्रभु, बुढ़ापा ऐसा देना।

— संकलन —

अनमोल वचन

- * जन्म लेना भाग्य की बात है! मृत्यु आना समय की बात है! मृत्यु के बाद लोगों के दिलों में रहना कर्म की बात है!
- * जब बगैर किसी वजह के खुशी महसूस करो, तो यकीन कर लो कि कोई ना कोई, कहीं ना कहीं तुम्हारे लिए दुआ कर रहा है!

- * चिंता करने से कभी चिंता दूर नहीं होती, किंतु सिमरन करने से बड़ी से बड़ी समस्या दूर हो जाती है! क्योंकि सिमरन में बहुत बड़ी शक्ति होती है!
- * जो लोग बहुत जल्दी गुस्सा करते हैं, वास्तव में वे दिल के बहुत सच्चे होते हैं।
- * माँ-बाप के पैर छूने का मजा ही कुछ और है ! जितना नीचे झुकेंगे उतना ही ऊपर उठेंगे!
- * किसी को कम मत समझना, क्योंकि 5 रूपए का पेन भी पांच करोड़ का चेक लिख सकता है!
- * तूफान ज्यादा हो तो बड़े से बड़े पेड़ उखड़ जाते हैं और घमंड ज्यादा हो तो गहरे रिश्ते भी टूट जाते हैं!
- * घर को आबाद या बर्बाद करने के लिए घर का एक सदस्य ही काफी है!
- * जिस प्रकार वृक्ष की खूबसूरती उसके फूल-पत्तों से होती है, ठीक उसी तरह इंसान की खूबसूरती उसके आचरण और व्यवहार से होती है!
- * यदि आप सत्य की नाव पर सवार हैं, तो भले ही नाव डगमगाए जाए, वह आपको कभी डुबाएगी नहीं!
- * अहंकार ऐसा मेहमान है जो आता तो अकेला है, लेकिन जाते-जाते सारे रिश्ते अपने साथ ले जाता है!
- * किसी को दर्द दे कर कभी खुशियां नहीं मिलती ! दिल दुखाने वालों को कभी दुआएँ नहीं मिलती ! मत करना अहंकार अपने अच्छे वक्त का, जिंदगी में हालत बदलते जरा भी देर नहीं लगती!
- * जिंदगी डॉक्टर की गोली के साथ नहीं, मित्रों की टोली के साथ गुजारनी चाहिए!
- * नहीं बदल सकते हम खुद को औरों के हिसाब से, एक लिबास हमें भी दिया है ऊपर वाले ने अपने हिसाब से!
- * अपने पिता से ना लड़ना ! जिस पिता ने तुम्हें बचपन से गले लगा कर पाला-पोसा, उस पिता से ऊँची आवाज में कभी बात मत करना! क्योंकि सारी दुनिया को हराने वाला पिता, अक्सर अपने बच्चों से बिना लड़े हार जाता है!

- * इन्सान को इन्सान से दूर करने वाली पहली चीज है जुबान, दूसरी चीज है पैसा, और तीसरी चीज है व्यवहार इन तीनों का सम्भाल कर प्रयोग करें।
- * जब इंसान की जरूरत बदल जाती है तो उसका बात करने का तरीका भी बदल जाता है।
- * पैसा ऐसी चीज है कि अगर ये हो तो पराए भी अपने हो जाते हैं और ना हो तो अपने भी पराए हो जाते हैं !
- * दोस्ती और रिश्तेदारी में उतने ही पैसे उधार दो, जितने भूल जाने की ताकत हो, वरना रिश्ता और पैसे दोनों गवाँ दोगे।
- * कर्म ही असली धर्म है हमेशा सबकी मदद करो, उपरवाला कर्म भी देखता है!
- * इंसान का वजन तोलने से होता है, इंसानियत का वजन बोलने से होता है।
- * कौन, कब, किसका और कितना अपना है, ये सिर्फ वक्त बताता है।
- * कभी भी इंसान अपनी मर्जी से नहीं बदलता सामने वाले का व्यवहार उन्हें मजबूर कर देता है।
- * किसी ने मुझ से पूछा की पूरी जिन्दगी मे क्या किया मैंने हंसकर जवाब दिया किसी के साथ धोखा नहीं किया यह ऊपर वाले की कृपा है।
- * पांच चीजे अभी से छोड़ दो- 1. सबको खुश करना 2. दुसरो से जादा उम्मीद करना 3. Past मे जिन्दगी जीना 4. अपने आप को किसी से कम आंकना 5. बहुत जादा सोचना।
- * कुछ लौटे या ना लौटे लेकिन कर्म अवश्य लौटता है, फिर चाहे वह अच्छा हो या बुरा।
- * जिसका भी भाव बढ़ जाए, उसे त्याग दो फिर चाहे वो सामान हो या इंसान..!
- * हमारी जिंदगी में हर फैसला हमारा नहीं होता, कुछ फैसले वक्त और हालात तय करते है।
- * जिंदगी के सफर में खुद से बढ़कर कोई हमसफर नहीं होता, इंसानियत से बढ़कर कोई जाति मजहब नहीं होता, और मुश्किलों में मिले अनुभव से बढ़कर कोई सबक नहीं होता..!
- * तुलना के खेल में मत उलझे क्योंकि इस खेल का कोई अंत नहीं, जहां तुलना की शुरुआत होती है, वहीं से आनंद और अपनापन खत्म हो

जाता है।

- * घर में चाहे कितने भी लोग क्यों न हो.. अगर माँ बाप ना दिखे तो घर खाली खाली ही लगता है।
- * जब नोटों का रंग बदला तो, कई लोगों की जान निकल गई.....जरा सोचो जब औलाद रंग बदलती है तो माँ बाप पर क्या बीतती होगी।
- * मेहनत का फल, मुसीबत का हल, आने वाला कल सब ईश्वर के हाथ में है। उम्मीद कभी संसार से नहीं, संसार को रचने वाले से रखनी चाहिए।
- * हमारे पास जो कुछ है उसका आनंद तभी ले पायेंगे, जब हमारे पास जो नहीं है उसकी चिन्ता छोड़ेंगे।
- * नहीं चलती ये जिंदगी कभी हमारे हिसाब से, वक्त के साथ -साथ.. हमें ही आगे बढ़ना पड़ता है।
- * मौन प्रार्थनाएं जल्दी पहुंचती है ईश्वर तक, क्योंकि वो शब्दों के बोझ से मुक्त होती है।
- * RELATIONS are like electric currents- Wrong connection will give you shocks throughout your life- But the right ones light up your life.
- * एक पिता हमेशा नीम के पेड़ जैसा होता है.... जिसके पत्ते भले ही कड़वे हो पर छाया हमेशा ठंडी देता है।
- * चिंता और चिंता में सिर्फ एक बिन्दु का अन्तर है लेकिन चिंता निर्जीव को जलाती है और चिंता जीवत को जलाती है।

Collected & Compiled by G.D. Khubchandani

नीब करौरी बाबा, कैंची धाम

कैंची धाम उत्तराखंड राज्य के नैनीताल शहर से 17 की.मी. की दूरी पर अल्मोड़ा-नैनीताल मार्ग पर भवाली नामक स्थान के पास स्थित है। इसकी स्थापना हनुमान जी के परम भक्त, नीब करौरी बाबा, जिनका असली नाम लक्ष्मण नारायण शर्मा था, द्वारा 1964 के दशक में 15 जून को एक छोटी सी पहाड़ी नदी शिप्रा के पास करवाई गई थी। वे अक्सर इस नदी के किनारे अपनी धुन में बैठे रहा करते थे। उस समय यहां दूर-दूर तक कोई आबादी नहीं थी, पर ऐसे दो अनोखे घुमावदार मोड़ थे, जो कैंची जैसा आकार बनाते हैं, इसलिए जगह की पहचान के लिए इस आश्रम को

कैंचीधाम का नाम दे दिया गया !

नीब करौरी बाबा या महाराज जी की गणना बीसवीं सदी के महान संतों में होती है। अपने जीवन काल में उन्होंने जगह-जगह भ्रमण करते हुए कई आश्रम तथा मंदिर बनवाए थे, जिनमें वृंदावन और कैंची धाम आश्रम प्रमुख हैं। अपने जीवन के उत्तरार्द्ध का काफी समय उन्होंने कैंची धाम में ही बिताया था। इस जगह पर आश्रम और हनुमान जी के मंदिर का निर्माण उन्होंने अपने दो स्थानीय शिष्यों, प्रेमी बाबा और सोमवारी महाराज की पूजा-अर्चना की सुविधा के लिए करवाया था।

बाबा जी के पानी को घी में बदलने, बच्चे की जान बचाने, अपने भक्त को धूप से बचाने के लिए बादलों की छतरी बनाने जैसे अनगिनत चमत्कारों की कहानियां हैं ! जिनमें सबसे प्रमुख वह घटना है जब बाबा जी को उत्तर प्रदेश के फर्रुखाबाद जिले के नीम करौली गांव के पास ट्रेन से उतार दिए जाने के बाद काफी कौशिशों और जद्दोजहद के बावजूद रेल गाड़ी एक इंच भी चल नहीं पाई थी और फिर उनसे विनम्रता पूर्वक क्षमा याचना कर, गाड़ी में सवार करवाने के पश्चात ही वह अपनी जगह से हिली थी ! तबसे उस अलौकिक घटनास्थल के नाम पर बाबा जी को नीम करौली बाबा कहा जाने लगा।

हमेशा एक कंबल ओढ़े रहने वाले बाबा के आर्शीवाद के लिए भारतीयों के साथ-साथ बड़ी-बड़ी विदेशी हस्तियां भी उनके आश्रम पर आती रहीं हैं। पं. गोविंद वल्लभ पंत, डॉ. सम्पूर्णानन्द, राष्ट्रपति वीवी गिरि, उपराष्ट्रपति गोपाल स्वरूप पाठक, जवाहर लाल नेहरू, जुगल किशोर बिड़ला, महाकवि सुमित्रानन्दन पंत, जैसी महान हस्तियों के साथ-साथ कई विदेशी जाने-माने नाम यहां आकर अपने श्रद्धा सुमन अर्पित करते रहे हैं ! जिनमें फेसबुक और एप्पल जैसी कंपनियों के संस्थापक मार्क जुकरबर्ग और स्टीव जॉब भी शामिल हैं !

वैसे तो सुरम्य, मनोरम, हरियाली से घिरे आश्रम में, जुलाई अगस्त को छोड़, साल भर कभी भी जाया जा सकता है। पर मार्च से जून और सितम्बर से नवंबर का समय सबसे उपयुक्त होता है। यहां का नजदीकी रेलवे स्टेशन काठगोदाम और हवाई मार्ग के लिए पंतनगर हवाई अड्डा है, जहां से सड़क मार्ग से आगे जाया जा सकता है।

कैंची धाम में साल भर श्रद्धालुओं का तांता लगा रहता है, जो यहां पहुंच कर भक्तिभाव व श्रद्धा से बाबा का दर्शन कर कृतार्थ होते हैं। प्रतिवर्ष 15 जून को आश्रम के स्थापना दिवस के उपलक्ष्य पर यहां एक विशाल मेले व भंडारे का आयोजन किया जाता है। ऐसी दृढ आस्था और मान्यता है कि यहां पर श्रद्धा एवं विनयपूर्वक की गई प्रार्थना कभी भी व्यर्थ नहीं जाती। यहां पर हर मनोकामना हमेशा पूर्ण होती है।

बाबा हरभजन सिंह, मृत्योपरांत भी देश सेवा में लीन

क्या यह संभव है कि कोई सैनिक अपने देश से इतना प्रेम करता हो कि अपनी मृत्यु के पश्चात भी वह अपनी मातृभूमि की सुरक्षा के लिए सदा सचेत व तत्पर रहता हो ! शायद हाँ ! यहाँ शायद कहना भी शायद गलत होगा क्योंकि इस बात का प्रमाण हम नहीं विदेशी देश के सैनिक देते हैं ! भारत माँ के उस वीर सपूत का नाम है, हरभजन सिंह, जिन्हें मृत्योपरांत अब बाबा हरभजन सिंह के नाम से सादर याद किया जाता है !

अगस्त, 30, 1946 को पंजाब के गुजरांवाला में जन्मे हरभजन सिंह, बचपन से ही फौजी बनना चाहते थे ! उनकी इस अदम्य इच्छा का ही परिणाम था जिससे 9, फरवरी 1966 को भारतीय सेना के पंजाब रेजिमेंट में एक सिपाही के तौर पर उनकी नियुक्ति हुई ! 1968 में उन्हें 23वें पंजाब रेजिमेंट के साथ पूर्वी सिक्किम के बार्डर पर तैनात किया गया।

उसी वर्ष की घटना है ! ऐसा कहा और माना जाता है कि 4, अक्टूबर 1968 को जब वे नाथुला दर्रे से डोंगचुई तक अपनी पोस्ट के लिए खच्चरों पर रसद लेकर जा रहे थे, तभी बदकिस्मती से उनका पैर फिसल गया और वे कई फुट नीचे नदी में जा गिरे, पानी का तेज बहाव उनके शरीर को बहा कर दूर ले गया। पांच दिनों की तलाश पर भी जब उनका पता नहीं चल पाया तो उन्हें लापता घोषित कर दिया गया !

कहा जाता है कि उन्होंने अपने साथी सैनिक प्रीतम सिंह के सपने में आकर अपनी मौत की खबर दी और यह भी बताया कि उनका शरीर कहाँ मिलेगा। प्रीतम सिंह की बात पर पहले तो किसी ने भी विश्वास नहीं किया पर शव भी नहीं मिल पा रहा था सो बताए गए स्थान पर गहन खोज की गई और ठीक उसी जगह हरभजन सिंह का पार्थिव शरीर मिल गया। सेना ने सम्मान पूर्वक उनका अंतिम संस्कार किया ! इसके कुछ दिनों के बाद प्रीतम सिंह को एक बार फिर सपने में आ कर हरभजन जी ने अपनी समाधि बनाने की इच्छा व्यक्त की ! उनकी इच्छा का सम्मान करते हुए सेना के उच्च अधिकारियों ने "छोक्या छो" नामक स्थान पर उनकी समाधि बनवा दी !

समाधि बनने के बाद अजीबोगरीब वाकए होने लगे ! ऐसा लगने लगा जैसे मृत्यु के बाद भी हरभजन सिंह अपनी ड्यूटी करते हुए चीनी सेना की गतिविधियों पर नजर रखते हैं और समय-समय पर सपने में आ कर अपने सैनिकों को सतर्क करते रहते हैं। कई बार उन्होंने विषम

परिस्थितियों के आने के पहले ही सेना को सचेत किया है ! उनकी सूचना हर बार सही साबित हुई है ! पर वे खुद कभी दिखाई नहीं पड़ते ! पर दूसरी ओर चीनी सेना ने बॉर्डर पर घोड़े पर सवार किसी जवान को अपनी निगरानी करते हुए पाया है ! इन बातों की पुष्टि सैन्य अधिकारियों ने भी की है ! भारतीय सेना के जवान उन्हें शरणाथुला के नायकशर के रूप में याद करते हैं !

इन सब बातों के चलते, सेना द्वारा एक अद्भुत निर्णय लिया गया ! उसके द्वारा उन्हें मरणोपरांत कैप्टन की उपाधि से सम्मानित किया गया और बाकी सैनिकों की तरह हरभजन सिंह जी को भी वेतन, दो महीने की छुट्टी, इत्यादि सुविधाएं दी जाने लगीं ! दो महीने की छुट्टी के दौरान उनके घर जाने के लिए ट्रेन में दो सहायकों के साथ उनकी सीट बुक करवाई जाने लगी ! सेना के जवान बताते हैं कि बाबा को ड्यूटी पर कोई भी गफलत बर्दास्त नहीं है, जब कभी किसी सिपाही की सीमा पर पहरा देते वक्त आंख लग जाती है तो उनको अदृश्य चाटें भी पड़ते हैं, जैसे कोई उन्हें जगा रहा हो !

लोगों में इस जगह को लेकर बढ़ती आस्था तथा उनकी सुरक्षा और सुविधा को ध्यान में रखते हुए भारतीय सेना ने 1982 में 9 किलोमीटर नीचे एक मंदिर बनवा दिया, जिसे अब बाबा हरभजन मंदिर के नाम से जाना जाता है। हर साल हजारों लोग यहां दर्शन करने आते हैं। मंदिर में बाबा हरभजन सिंह के जूते और बाकी का सामन रखा गया है। भारतीय सेना के जवान इस मंदिर की चौकीदारी करते हैं ! वहां पर तैनात सिपाहियों का कहना है कि रोज उनके जूतों पर किचड़ लगा हुआ होता है और उनके बिस्तर पर सलवटे भी दिखाई पड़ती हैं, जैसे उस पर कोई सोया हो !

बाबा हरभजन सिंह जी का छोटी सी उम्र में परलोक-गमन के कारण उनकी देश सेवा की अदम्य इच्छा पूरी नहीं हो सकी ! इसीलिए शायद उन्होंने अपनी अल्पकालीन देश सेवा को दीर्घकालिक में तब्दील करने के लिए ही उस लोक में जाने के बजाए अशरीरी रूप में यहीं रह अपने को मातृभूमि के लिए समर्पित कर दिया ! आज उस घटना को घटे करीब 57 साल होने जा रहे हैं, लेकिन उनकी आत्मा आज भी भारतीय सेना के लिए अपना कर्तव्य निभा रही है। सेना भी उनको सदा आदर के साथ याद रखती है। उसी ने उन्हें शबाबाह की उपाधि दी है। वे हमेशा अमर रहेंगे।

यह मंदिर सिक्किम राज्य की राजधानी गंगटोक से 59 किलोमीटर की दूरी पर नाथुला दर्रे से 9 किलोमीटर की दूरी पर स्थित है, यानी एक तरह से चीनी सीमा से लगा हुआ है ! उनकी निगाह हम पर सदा बनी रहती है ! इसके अलावा यहां का मौसम बिल्कुल अप्रत्याशित है ! एक पल में सुहाना, दूसरे पल में शीत लहर ! कभी कुहासा इतना गहरा कि कुछ गज

देखना भी दूभर हो जाता है ! इसलिए यात्रा के पहले समुचित तैयारी होनी चाहिए ! सेना द्वारा संचालित यहां एक गिफ्ट शॉप भी है, जहां से यादगार के तौर पर खरीदारी की जा सकती है !

जय हिन्द ! जय हिन्द की सेना !!

FREE LEGAL CONSULTATION

to R&SCB members is provided by

Shri K.C. Arora

Advocate, Delhi High Court

at his residence C-3/140B, Janakpuri, New Delhi
on prior appointment between 6pm. to 7pm.

Mob. 9711166160, 9711166017.

LIST OF R&SCB OFFICE HOLIDAYS

1. REPUBLIC DAY (26TH JANUARY)
2. HOLI (DHULANDI)
3. RAM NAVAMI
4. INDEPENDENCE DAY (15TH AUGUST)
5. RAKSHA BANDHAN
6. GANDHI JYANTI (2ND OCTOBER)
7. DUSSEHRA
8. DEEPAVALI
9. Bhai Duj

MEMBERS PLUS SPOUSES

WHO JOINED R&SCB FROM 18-08-2025 TO 25-11-2025

Mem No.	NAME	DOB	ADDRESS
7695	SHRI HARISH KUMAR KHURANA	28.07.1957	415, KOHAT ENCLAVE, PITAM PURA, NEW DLHI - 110034
	SMT. NARINA KHURANA	25.02.1964	*****
7696	SHRI RAJESH KUMAR NIGAM	07.05.1962	1202, T. NO. 11, JAYPEE GREEN WISHTOWN, SEC-134, NOIDA-201304
	SMT. ANJANA NIGAM	02.07.1965	*****
7697	SHRI MUKESH KUMAR AGGARWAL	08.07.1965	C-2/260, JANAKPURI, NEW DLHI -110058
	SMT. ANJU AGGARWAL	17.09.1971	*****
7698	SHRI VED PRAKASH GOGIA	13.04.1956	B-90, DOUBLE STORY, RAMESH NAGAR, NEW DELHI - 110015
7699	SHRI SUNL KUMAR PURI	05.04.1949	5, SPORTSCOLONY, SURAJKUND RD. MEERUT, U.P. - 25002
	SMT. VEENA PURI	01.11.1956	*****
7700	SHRI VIKAS LONKAR	04.10.1948	MIG-122, PRASAD NAGAR, NEW DELHI - 110005
7701	SMT. SADHANA YADAV	05.05.1956	C-165, KENDRIYA VIHAR, SEC.- 56, GURUGRAM, HARYANA - 122011
	SHRI PRAKASH VIR YADAV	18.04.1956	*****
7702	SMT. BHAGWATI AGARWAL	04.10.1954	DX-107, KENDRIYA VIHAR, SEC. - 56, GURUGRAM, HARYANA - 122011
7703	SHRI ASHOK KUMAR	02.04.1964	D-15/254, SEC. 3, ROHINI, NEW DELHI - 110085
	SMT. ASHA AGGARWAL	22.09.1969	*****
7704	SHRI AJAY KUMAR	01.07.1962	443, HERITAGE TOWER, SEC. 3, PLOT NO. 1, DWARKA, N. D. - 110078
	SMT. SHOBHA ANAND	03.08.1963	*****
7705	SMT. URMIL GUPTA	18.08.1952	D2/59, JANAK PURI, NE DELHI - 110058
7706	SMT. KIRAN PURI	24.04.1956	K-20C, SAKET, MALVIYA NAGAR, NEW DELHI - 110017
	SHRI RAKESH PURI	19.11.1955	*****
7707	SHRI RAJ KUMAR	01.01.1961	A-234, MEERA BAGH, NEW DELHI - 110087
	SMT. RITA RANI	18.02.1965	*****
7708	SHRI BRIJ MOHAN	11.05.1963	161-F, POCKET-4, MAYUR VIHAR, PHASE-1, DELHI - 10091
	SMT. SHASHI BALA	22.09.1972	*****
7709	SHRI JOGINDER PAL	03.04.1958	A-4/414, PASCHIM VIHAR, NEW DELHI - 110063
	SMT. UMA PAL	12.08.1960	*****
7710	SHRI DINESH KUMAR	16.02.1964	B-26, DHARAM COLONY, NANGLOI, NEW DELHI - 110041
	SMT. PRAMILA JAIN	02.02.1970	*****

MEMBERS PLUS SPOUSES

WHO JOINED R&SCB FROM 18-08-2025 TO 25-11-2025

Mem No.	NAME	DOB	ADDRESS
7711	SHRI SUTEJ SINGH YADAV	06.06.1956	933, SEC.-43, GOLF COURSE RD., NEAR GALAXY APT., GURUGRAM - 122009
	SMT. SUMITRA YADAV	10.05.1969	''''''''''
7712	DR. UPENDER SINGH VERMA	04.05.1954	BE-379, HARI NAGAR, NEW DELHI - 110064
	SMT. LAKSHMI DEVI	01.04.1958	''''''''''
7713	SMT. RUMANI MALKANI	04.07.1949	G-701, RG RESIDENCY, SECTOR - 120, NOIDA, U.P. - 201301
7714	SHRI PREM WADHWA	20.01.1960	5/62 SF, SUBHASH NAGAR, NEW DELHI - 110027
	SMT. KUSUM LATA WADHWA	20.11.1965	''''''''''
7715	SHRI KEWAL KRISHAN SHARMA	04.04.1955	M-197, VIKASPURI, NEW DELHI - 110018
	SMT. SONIA SHARMA	15.06.1955	''''''''''
7716	SMT. PROMILA CHHABRA	01.08.1950	B-2588, WARD NO. 1, AMAR COLLNY, FAZILKA, PUNJAB - 152123
7717	SHRI RAKESH NAGAR	12.09.1956	Q-701, LOGIX BLOSSUM GREEN, SEC. 143, NOIDA, U. P. - 201306
	SMT. ANJU NAGAR	22.09.1961	''''''''''
7718	SHRI ASHOK KUMAR GUPTA	03.05.1964	M-134, GURU HARKISHAN NAGAR, PASCHIM VIHAR, DELHI - 110087
	SMT. AARTI GUPTA	20.08.1969	''''''''''
7719	SMT. MANJU BHATIA	08.05.1957	C-3A/71C, JANAKPURI, NEW DELHI - 110058
	SHRI RAVINDER KUMAR BHATIA	27.12.1955	''''''''''
7720	SHRI RAKESH CHANDER GROVER	30.09.1959	G-303, APNA GHAR SHALIMAR, ALWAR, RAJSTHAN - 301001
	SMT. NEELAM GROVER	27.11.1966	''''''''''
7721	SHRI VIPIN MAHAJAN	13.07.1953	J-12/14, RAJOURI GARDEN, NEW DELHI - 110027
	SMT. RITA MAHAJAN	23.12.1954	''''''''''
7722	SHRI RAJIV SALUJA	06.10.1961	B-1/591-L, JANAKPURI, NEW DELHI - 110058
	SMT. ABHIDHA SALUJA	04.05.1965	''''''''''
7723	SMT. RAJ BHOJWANI	23.04.1958	A-105, RIVER VIEW APTTS., MAYUR VIHAR EXT., DELHI - 110091
7724	SHRI KRISHAN KUMAR SEEWAL	05.05.1958	N-4, PRASAD NAGAR PHASE-1, KAROL BAGH, NEW DELHI-110005
7724	MRS. SARITA KUMARI	08.07.1961	''''''''''

GUJARAT TOUR



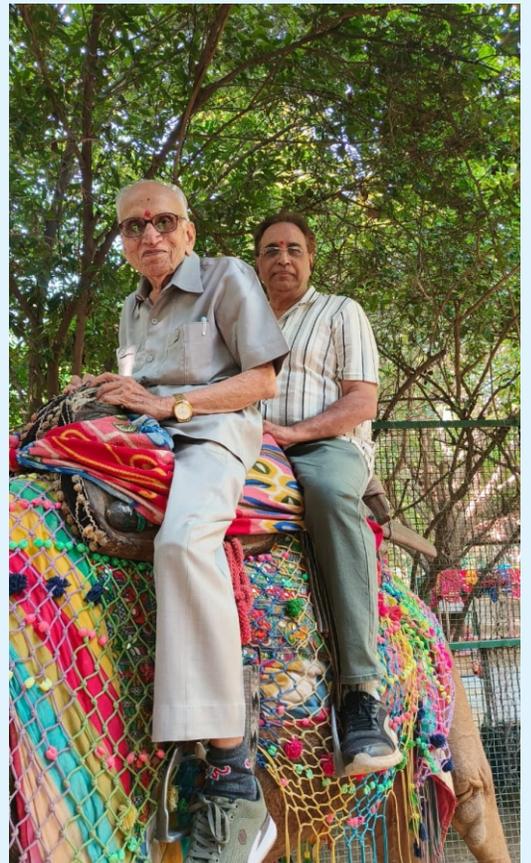
NORTH-EAST TOUR



ODISHA TOUR



PICNIC (PRATAPGARH FARMS)



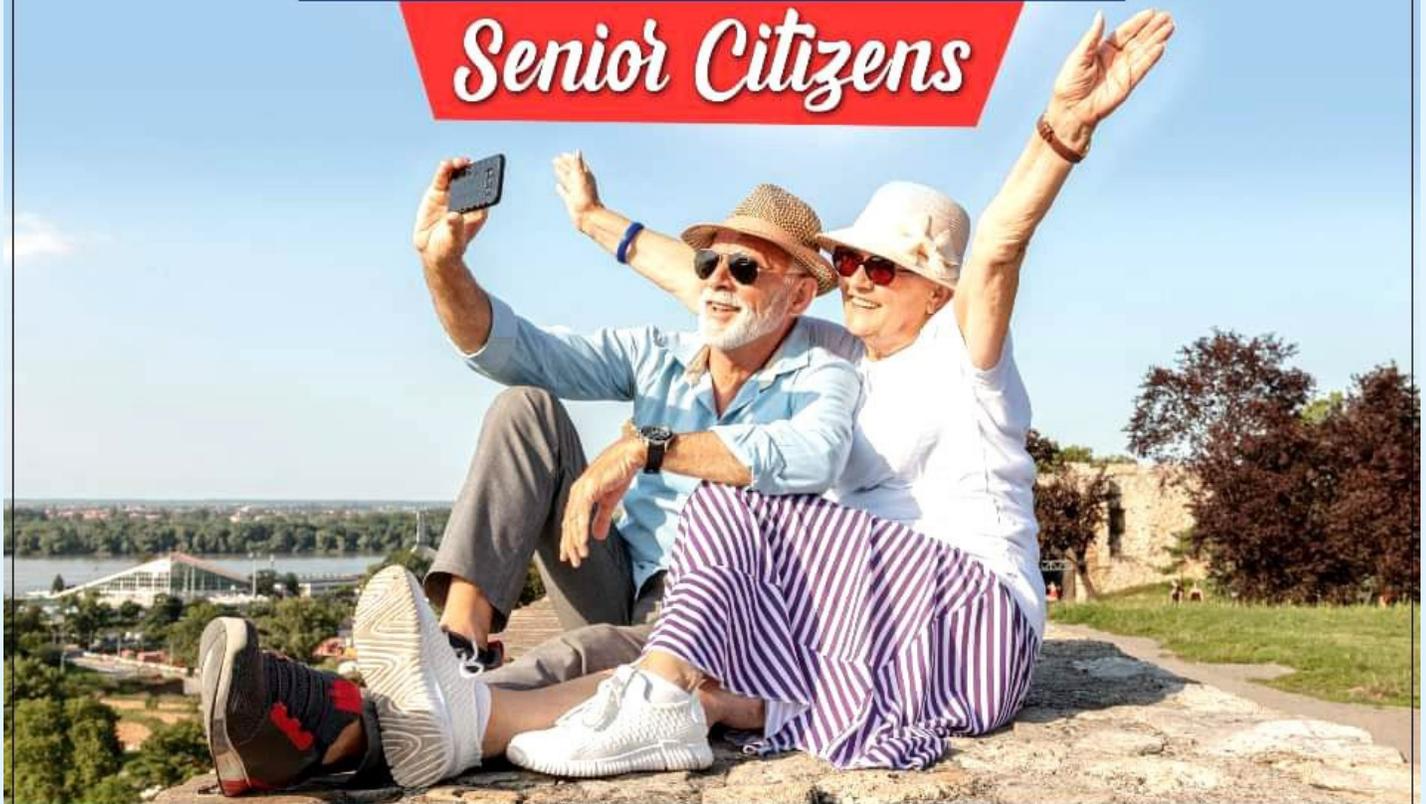
Traveexcel
Hospitality Pvt. Ltd.

Travel Kar Befikar



Exclusive Destinations For Our

Senior Citizens



SENIOR CITIZEN GROUP TOURS, LADIES GROUP TOURS, FAMILY TOURS, CUSTOMIZED TOURS, HONEYMOON PACKAGES, DOMESTIC INTERNATIONAL HOTELS AND FLIGHTS BOOKING, VISA SERVICES, TRAVEL INSURANCE

For Booking & Reservation Please Contact

Chandni Sachdeva: 9582772705 | Tarun Gera: 9953488152

**Suite No: 304, Pankaj Tower 1, G Block,
Community Centre Vikas Puri near Pvr Cinema**

**Email: traveexcelhospitality1@gmail.com
Website: www.travelkarbefikar.com**

+91-8100667733

Toll Free 1800 11 2277



FOREIGN EXCHANGE

SENIOR CITIZEN PACKAGE

HOTEL

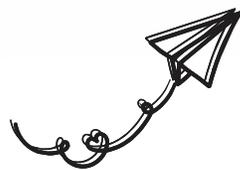
FAMILY PACKAGE

CONFERENCE

CORPORATE TOURS

EVENTS

VISA



+91-8100667733

Mobile: 8506 809 993 | Toll Free: 1800 11 2277

AHMEDABAD • BANGALORE • BHOPAL • CHENNAI • COCHIN • HYDERABAD • KOLKATA • MUMBAI • NEW DELHI • PATNA PUNE RANCHI • VADODARA • VIZAG • BANGALADESH • DUBAI • EUROPE • INDONESIA • JAPAN • SINGAPORE • THAILAND

36 BRANCHES IN INDIA

1000+ TEAM MEMBERS

100 + HOTEL FRANCHISEE

12 INTERNATIONAL BRANCHES