

# Retired & Senior Citizens Brotherhood

(an Organisation Of , For and By the Senior Citizens)

(Regd.)



Regd. with Registrar of Societies, Govt. of NCT Delhi Reg. No. S/58695/2007)

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R&SCB's  
Triennial  
Publication  
\* April  
\* August  
\* December

*Heartiest Greeting & Best Wishes for*

- \* Rakshka Bandhan
- \* Independence Day
- \* Krishan Janmashtami
- \* Ganesh Chaturthi
- \* Hanuman Jayanti
- \* Deepawali
- \* Bhaiya Dooj
- \* Guru Nanak Jayanti
- \* Vijay Dashami



Baisakhi Milan Programme was organised on Sunday dated 17th April 2022 by R&SCB



# Tour to Darjeeling-Kalimpong-Gangtok conducted during 16.06.2022 to 21.06.2022



## Glimpse of Darjeeling-Kalimpong-Gangtok Tour

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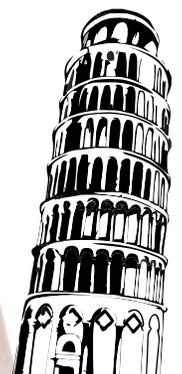
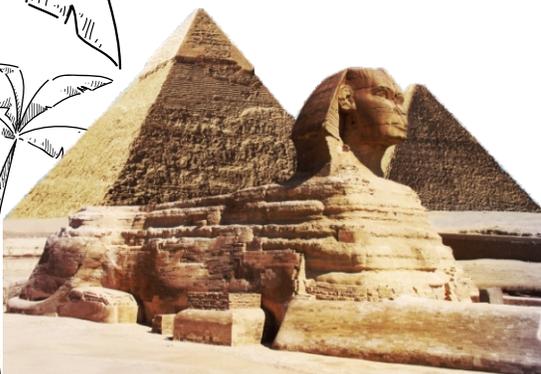
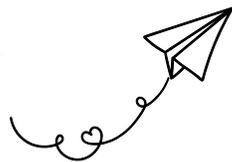
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## From General Secretary Desk :

My dear brothers and sisters,

Namaskar.

I, on behalf of my team, pray that you, your family along with all your relatives be blessed and remain safe, happy and healthy, always however we also share the grief and sorrow of those who lost their near and dear ones during the pandemic period. May God rest their soul in peace and give the strength to their families to bear the loss.

In March 2020, Government declared the lockdown due to the outbreak of covid-19. In view of the seriousness of the time we too shut down our office along with all other activities and cancelled all the proposed tour programmes. However our executive team continued to be in touch with the travel companies to get back the amount paid in advance to them for excursion trips. It was a difficult job but with our sincere efforts we were able to get back the hard earned money and returned it to our beloved members, although there were some minimum cancellation charges.

As soon as the situation returned to normal after satisfying with all corners we reopened our office on 1st July 2021, with full strength, Now the members may enquire for further activities on phones or may get necessary information on our website. WhatsApp groups and website created by Shri Gulshan Kalia to convey the fresh details, particulars, guidance, direction, advice etc. for our forthcoming programmes.

Reassured by the growing normalcy, we have started picnics, domestic as well as foreign tours from August 2021. Our enthusiastic members grab those programmes with joy and enjoying them. Other than this we intend to have a function on 01-10-2022 to felicitate our those members, who have attained the golden age of 80 or above on or after 01.10.2019. The detail regarding this will be available on our website and whatsapp. groups. In addition, let us also mention that our foundation day will also be celebrated on 11-12-2022 for which venue will be announced later. With this, you will glad to know that printing of our Magazine is going to restart with a new schedule i.e. April, August and December

Hope we will continue to get your love and support as before.

M. J. Narula

## EXECUTIVE COMMITTEE

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Mob 9810127256

## FREE LEGAL CONSULTATION

Free Legal Consultation  
to R&SCB members is provided by

**Shri K.C. Arora**

**Advocate  
Delhi High Court**

at his residence C-3/140B, Janakpuri, New Delhi

on prior appointment between 6pm. to 7pm.

**Mob. 9711166160, 9711166107.**

## सीपिका



समय के साथ-साथ देश-दुनिया-समाज में भी तरह-तरह के उलट-फेर होते रहते हैं। बदलाव होते रहते हैं ! लोगों की सोच बदलती रहती है, समझ बढ़ती है ! जागरूक लोगों की समाज के प्रति प्रतिबद्धता सामने आती है ! एक-दूसरे के प्रति जिम्मेदारी का एहसास उत्पन्न होता है ! इसी सब के तहत किसी संवेदनशील इंसान का ध्यान समाज के कुछ उन बुजुर्गों की तरफ भी गया होगा, जिन्होंने अपने जीवन का सर्वश्रेष्ठ समय अपने घर-परिवार-समाज को दिया होता है, पर अब उम्र के इस पड़ाव पर शारीरिक रूप से सक्षम होते हुए भी मानसिक तौर पर अपने-आप को जीवन की दौड़ में अनुपयोगी मान, अलग-थलग पड़ जाते हैं ! शौक होते हुए भी उसे पूरा करने में एक झिझक का अनुभव करते हैं। कहीं आने-जाने में युवाओं के साथ कदम-ताल करते समय पिछड़ने का भय मन में घर कर जाता है। तेजी से बदलती चीजों, नए-नए उपकरणों के साथ कुछ-कुछ अपनी घटती शारीरिक क्षमता उन्हें बाहरी दुनिया के साथ ताल-मेल बैठाने में संकोची बना देती है ! ऐसे में वे सिर्फ घर की चारदीवारी में घिर कर रह जाते हैं ! जिससे एक प्रेमल, केयरिंग तथा समर्पित परिवार का सदस्य होने के बावजूद, रोज एक ही तरह की दिनचर्या उन्हें कुछ हद तक आलसी, निष्क्रिय, चिड़चिड़ा तथा तनावग्रस्त कर एक अलग ही तरह का जीव बना देती है।

समाज के ऐसे बहुत बड़े तबके को जीवन की मुख्य धारा से जोड़ने के लिए देश-दुनिया में तरह-तरह की संस्थाएं आगे आईं। जिनका मुख्य ध्येय और उद्देश्य, बिना किसी लाभार्जन के, समाज के वरिष्ठ, वयोवृद्ध, बुजुर्ग लोगों के जीवन में पसरते मरुधर को फिर से हरियाली में बदलने, उनको आत्मविश्वासी बनाने, उनकी नीरस दिनचर्या को बदलने, उन्हें खुश तथा तनाव मुक्त करने का था।

इसी सोच से प्रेरित हो कर 2005 में श्री डी.डी. महाजन जी की प्रेरणा और मार्गदर्शन में दिल्ली के जनकपुरी इलाके में Retired & Senior Citizens Brotherhood नामक पौधे का बीजारोपण किया गया, जो समय के साथ पनप कर वर्तमान में एक सघन वृक्ष का रूप ले चुका है ! आज हमारे बीच महाजन जी नहीं हैं पर यह संस्था उसी तरह समर्पित और सेवा भाव से श्री वर्मा जी, नरुला जी, कथूरिया जी तथा गुलशन कालिया जी के कुशल नेतृत्व में, वरिष्ठ तथा सेवानिवृत्त लोगों के लिए कार्यरत है। ये उन्हीं की मेहनत और निष्ठा का फल है कि हमारी सदस्य संख्या सात हजार के पास पहुँच चुकी है। जिसमें दिन प्रति दिन बढ़ोतरी जारी है।

यहां वरिष्ठ नागरिकों को हर संभव सहायता देने की कोशिश की जाती है ! हमारे अनुभवी पदाधिकारी उनकी शारीरिक व मानसिक समस्याओं का हल निकालने, पेंशन संबंधित परेशानियों को सुलझाने, बुजुर्गों के प्रति होने वाली ज्यादतियों में मदद तो करते ही हैं, साथ ही उचित समय पर तरह-तरह की देश-विदेश की यात्राओं का भी आयोजन किया जाता है। इस तरह के कई आयोजन पूरी सफलता के साथ संपन्न हो चुके हैं। ऐसी यात्राओं में सम्मिलित लोगों की आयु, क्षमताओं, आवश्यकताओं को देखते हुए छोटी से छोटी बात को भी पूरी तरह ध्यान में रख कर ही सारे प्रोग्राम की रूपरेखा बनाई जाती है। शुरु में एक मुश्त खर्च ले कर फिर यात्रा की पूरी अवधि में किसी भी तरह का आर्थिक भार नहीं जाला जाता। हाँ व्यक्तिगत शॉपिंग इसमें शामिल नहीं होती। पर हमारे सदस्यों ने हर बार उम्र-दराज होने के बावजूद हर बार इस बात को सिद्ध किया है कि सचमुच उम्र सिर्फ एक अंक है ! इनके तन पर भले ही समय की छेनी अपना असर दिखा रही हो, परंतु इनका दिमाग अभी भी युवा और मन बच्चा ही है ! होना भी चाहिए ! क्योंकि हम वे लोग हैं जो केक पर लगाई जाने वाली मोमबतियों की संख्या से विचलित ना हो, उनके बढ़ते आलोक का आनंद लेते हैं !

इसके साथ ही आपको यह जानकर अंत्यत हर्ष होगा कि दो साल के अंतराल के बाद संस्था की पत्रिका का प्रकाशन फिर आरंभ हो रहा है। आप सब की शुभकामनाएं अपेक्षित हैं। आइए अपने दोस्त-मित्रों, सगे-संबंधियों के साथ हम से जुड़ जीवन के इस सुनहरे अध्याय को और भी खूबसूरत बनाएं।

धन्यवाद —

गगन शर्मा (सम्पादक)

## IMPORTANT INFORMATION

For every journey, only an approximate expenditure bracket per person is shown. If it's a train journey AC-3 tier expenditure is considered ! If any member or members have desire to travel in AC-2 tier then he/they must inform R&SCB office about their requirements, during the time of booking, so his/their travel expenses can be estimated accordingly.

The arrangements, be it booking of railway, air flight or all other programmes, needs to be arranged four months in advance so an itinerary and estimate of travel expenditure is calculated approximately which can be changed if necessary.

In the case of foreign tour, the expenses subject to depends on the fluctuations of air flight, dollar and euro rates.

Though the excursion tours/picnic are coordinated by R&SCB in response to members demand as welfare activities, those will be undertaken only if sufficient members respond ie. when minimum requirement of seats fulfilled.

At the time of travel booking, members have to submit the photocopy of their Aadhar card. During the journey only vegetarian food will be served.

Bookings are done on first come, first serve basis.

## Domestic tours

**1. Maharashtra Tour - Delhi-Mumbai-Aurangabad, 6D/5N, (by air) 1N in Nasik, 1N in Shirdi, 2N in Aurangabad, 1N in Hazur Saheb Nanded, during November 2022. Approx. cost 37000/- pp**

**2. Orissa Tour - 5D/4N. (by air) during October 22. Approx. cost 32000/-pp. 1N in Bhubaneshwar. 3N in Puri, darshan of Shri Jagannath dham temple, Sun temple, Konark, Boating in Chilka lake etc..... (1st Group Completed)**

**3. MP Tour - 7D/6N. (Delhi to Bhopal by Shatabdi exp. Jabalpur to Delhi- by air) 1N in Bhopal, 2N in Pachmarhi, 1N in Bandhavgarh, tiger reserve national park, 2N in Jabalpur, during october 2022. Approx. cost 36500/- pp (1st Group Completed)**

**4. Kerala Tour - 8D/7N, (by air), in Dec. 22-Jan. 23. Approx. Cost Rs. 46000/-pp. Thiruvananthapuram, Kanyakumari, Alleppey, Periyar, Munnar and Cochin.**

**5. Gujrat Tour including Statue of Unity - 9D/8N** (by air), in Dec.22-Jan.23 Approx. Cost Rs. 45000/-pp Covering Dwarka Dham, Somnath Temple, Nageshwar Jyotirling, Diu, Ahmedabad, Rajkot, Sasan Gir, Vadodara etc.

## Local Picnic

1. **Seven Wonders and Akshardham temple visit**, on 7th, September 22. Cost. Seven Wonders entry is free for 65 years and above so please bring your Age proof document. Transportation charges Rs. 250.00 per person only.

2. **Lohagarh Farms Gurugram**, on 11th, November 22, by AC 2x2 Couch. Break Fast/Lunch/ Eve. Tea will be served in Farms. Dep. Time 8am. Contribution Rs. 1300/- in cash only.

PLEASE NOTE ALL TOUR BOOKINGS ARE ON FIRST COME FIRST SERVE BASIS

## Annual Function (Get – Together)

Annual Function will be celebrated in B-2, Sanatan Dharm Mandir Janak Puri on 11th Dec.2022 at 11.00 am.

Coupons of Contribution Rs.150/pp will be available at R&SCB office from 5th Dec. 22, on first come first serve basis till coupons available.

To keep in mind the interest of our respected members and to fulfil their prolonged pending insistences R&SCB arranged some domestic and foreign proposed tours in near future.

## Honour to Golden Age Members

\*R&SCB\* proudly going to felicitate his members on 01-10-2022, the International Senior Citizen Day, who have achieved the golden age of 80 or above in between 01-10-2019 to 30-9-2022.

Eligible Members are requested to send their brief biodata and their Membership Number with latest photo to R&SCB office by 15th of September 2022.

Gifts and Lunch will be served to honoured members with their spouse other than spouse will be charged Rs. 100/- per head. Those who are interested may kindly have coupons from the office latest by 25-09-22. Please note Coupons will not be provided at programme site.

## Statue of Unity Tour of Gujarat

29 members of Retired & Senior Citizens Brotherhood including it's General Secretary, Mr. M.J. Narula and office executives proceeded on Vadodara / Kevadia Tour during 15.09.21 to 17.09.21. Group leader, Mr. Subhash Chander Kathuria, well organised the tour and made all efforts to make it more enjoyable. Tour arrangements made by the Travel Agency were quite appreciable and upto our satisfaction.

All the members of the tour were very cooperative. They adhered time norms every day and followed all necessary guidelines to make the tour successful.

Members reached well in time at T-3 to board flight to Vadodara and reached @ 3:30 PM. After arrival, boarded an AC coach to visit Laxmi Vilas Palace, a property of heritage ambience built in 1890 by Maharaja Sayajirao Gaekwad, who ruled the then Baroda State during 19th century. Members spent almost one hour to see different parts of the Palace and then proceeded to Swami Narayan temple. On the way, they had an eye bird view of Lord Shiva's Statue (under construction /renovation) in a man made lake, popularly known as Sukhsagar Lake. After temple darshan, members proceeded to a hotel. They were served hot and delicious dinner at the dining area of the hotel and later proceeded to their respective rooms for an overnight stay.

Next day, after breakfast, members checked out @ 8:30 AM and boarded 2x 2 AC coach to visit Kevadia village in Narmda District (Approx.80 Kms from Vadodara) to see Statue of Unity (World's tallest statue of Sardar Vallabh Bhai Patel). Places of other tourist attractions in Kevadia were Sardar Sarovar Dam, Jungal Safari Cactus Garden, Butterfly Garden, Valley of flowers Members had their lunch at Ekta Mall situated near the parking point. In the evening members visited Statue of Unity and the day's programme ended with a Laser Show made on the life of Sardar Vallabh Bhai Patel. After Rashtra Gaan Members proceeded to hotel for an overnight stay. They enjoyed delicious dinner served hot at dining hall and left for their respective rooms.

Last day after breakfast members checked out @ 9 AM and went for a Cruise Ride in Narmada River. Members just could not resist dancing, as there was provision of DJ on board. They danced, enjoyed and made their ride most memorable. As the time was running out for return journey, members boarded their 2x2 AC coach from the parking area and left for

Vadodara Airport. On their way, they made shopping of some popular Gujrati Namkin items and had their lunch at Indian Salt, a restaurant known for its tasty food and remarkable ambience. Members reached airport in time to board their flight to Delhi. They arrived Delhi @5.30 PM with all the unforgettable memories of the tour. After collecting their luggage, members left and reached their respective homes safely.

R&SCB thank all the honourable members for their utmost cooperation during the tour.

## Kashmir 1st, 2nd, 3rd, 4th and 5th Group Tours conducted during 12.04.2022 to 18.05.2022

24 members in each group of Retired & Senior Citizens Brotherhood (R&SCB) under the leaderships of Shri M.J. Narula, Shri Gulshan Kalia, Shri B.K. Bedi, Shri Pritam Singh and Shri B.S. Sharma, proceeded on 4N/5D Kashmir tour on different dates. Day-wise itinerary had been as under.

**Day-1** - Landed at Srinagar and checked in to a hotel at Dal Gate. Half Day City tour after lunch, which included visits to Shalimar & Nishat Gardens Chashme Shahi. Had Shikara ride in the evening. Returned back to hotel for dinner and overnight stay.

**Day-2** - Day tour to Sonmarg. Journey was extended to Baltal (personal cost). On our way to Srinagar had darshan of Ksheer Bhawani Devi. Returned back to hotel for dinner and overnight stay.

**Day-3** - Day tour to Gulmarg. Had Gandola Ride. Returned back to hotel for dinner and overnight stay.

**Day-4** - Checked out after breakfast and proceeded to Pahalgam. After lunch, visited Aru & Betab Valley and Chandan wadi.

**Day-5** - Check out after breakfast and proceeded to Srinagar to take return flight. On our way to Srinagar, visited Muttan.

Members reached their respective homes with unforgettable memories of Kashmir tour.

R&SCB thank all the honourable members for their utmost cooperation during the tour.

## Tour to Darjeeling-Kalimpong-Gangtok conducted during 16.06.2022 to 21.06.2022

Tour to Darjeeling-Kalimpong-Gangtok conducted during 16.06.2022 to 21.06.2022 29 members of Retired & Senior Citizens Brotherhood (R&SCB) under the leadership of Shri Subhash Chander Kathuria, proceeded on 5N/6D tour. Members had their stay at Darjeeling - 2 nights, Kalimpong - 1 night and Gangtok - 2 nights.

Day-1

Members reached well in time to board Delhi-Bagdogra flight. After arrival at Bagdogra, members boarded in a 2x2 AC Coach. On their way to Gangtok, they had their lunch. Checked in hotel, had dinner and an overnight stay.

Day-2

After breakfast went to Tsomgo Lake and then Baba Mandir. Back to hotel for dinner and overnight stay.

Day-3

After breakfast, proceeded for a local sight seeing. Visited Hanuman Tonk, Ganesh Tonk, Rashi View point, Enchey Monastery, Bhurtuk Water Falls, Institute of Tibbetology & Cottage Industry. After lunch started our journey to Kalimpong. After arrival, checked in to hotel, had dinner and went for relaxation and an overnight stay.

Day-4

After breakfast, checked out from hotel and proceeded for a half day city tour. Visited Dello hills, Dr Graham's home and Flower Nurseries. We had our lunch at a local restaurant and then proceeded to Darjeeling. On arrival, checked in hotel, had dinner and overnight stay.

Day-5

After breakfast, visited Ghoom Monastery & Batasia Loop. Back to hotel for breakfast. After breakfast, proceeded for local sight seeing. Visited Himalya Mountaineering Institute, PNZ Zoological Park, Tenzing Rock, Tibetan Refuge Centre, Tea Garden, Rock Garden and Ganga Maya Park. In the evening, had joy ride in toy train.

Day-6

Next morning after breakfast, we left for Bagdogra

Airport. We took our flight, arrived Delhi well in time. Members proceeded to their respective homes with sweet memories of the tour.

R&SCB thank all the honourable members for their cooperation during the tour.

## Nepal Tour 1st & 2nd Group Tours conducted during 23.05.2022 to 02.06.2022

29-30 members in each group of Retired & Senior Citizens Brotherhood (R&SCB) under the leaderships of Shri B.S. Sharma and Shri Harish Talwar proceeded on 5N/6D Nepal tour on different dates. Members had their stay at Kathmandu - 2 nights, Pokhra - 2 nights and Chitwan - 1 night.

Visited famous Pashupatinath Mahadev Temple and Gujeshwari Shakti Peeth. Other places seen were Darbar Square, Hanuman Dhaka, Swambhunath Temple, Basantpur Darshan, Devi Darshan, Manokamna temple, Gupteshwar Cave, Setu River, Devil's Fall, Pokhra Museum, Swayambhunath Stupa. Visited Janghal Safari. At Chitwan, enjoyed Tharu cultural show.

R&SCB thank all the honourable members for their utmost cooperation during the tour.



After serving several years

**Shri M.L. Kalra**

retired as treasurer from R&SCB on 30-11-2021

*We wishes him healthy & prosperous retired life.*

## BAISAKHI MILAN

Baisakhi Milan Programme was organised on Sunday dated 17th April 2022 by R&SCB Association under the able guidance of its Management Team, consisting of Sarvashri G.L. Verma, President, M.J. Narula, General Secretary, S.C. Kathuria, Cultural Secretary and Gulshan Kalia, Treasurer. Success of the program was possible due to dedication of duty and sincere approach by all of our Executives.

Celebration started late, as most of our honourable members could not arrive in time. With the welcome speech by General Secretary, Cultural Programme took its pace. Stage was shared with our Guest members to sing filmy songs, bhajans, recitation of poetry and sharing of jokes etc. 1st, 2nd, 3rd prize plus 5 Consolation prizes were given to the members, who won the prize through lucky draw. Cultural programme continued till 1.30 PM and thereafter members left for lunch.

We thank all our honourable members for their effort & sparing valuable time to grace the occasion.

Their disciplined approach helped us to well organise Baisakhi Milan Samaroh. We forward herewith highlights of the day.

R&SCB Team

### पर्यटन

सैर कर दुनिया की गाफिल, जिंदगानी फिर कहाँ !  
जिंदगी गर कुछ रही, तो ये जवानी फिर कहाँ !!

मैं अकेला ही चला था जानिब ए मंजिल मगर,  
लोग साथ आते गए कारवां बनता गया !

माना कि जिंदगी में गम बहुत हैं,  
कभी सफर पर निकलिये और देखिये खुशियां !

मैं तो यूँ ही सफर पर निकला था,  
कुछ अजनबी मिले और उन्होंने अपना बना लिया !

जिंदगी के सफर में हिंदी वाला "सफर" करते रहिए,  
वर्ना अंग्रेजी वाला "Suffer" तो लगा ही रहेगा !

## CGHS OWN DIAGNOSTIC LABS COLLECTION CENTRE IN CGHS, DELHI

### NOTICE FOR SERVING AND PENSIONER BENEFICIARIES

#### NOTICE:

This is for information of the esteemed CGHS serving and pensioner beneficiaries that CGHS Own Diagnostic Laboratories are now functional at the following Wellness Centres and Polyclinics In each Zone of CGHS Delhi:

**Central Zone, Delhi :** Dr. Zakir Hussain Road, Pandara Park, Chitragupta Road, Minto Road

**South Zone, Delhi :** Kasturba Nagar-1, Kalkaji -1, Moti Bagh, M B Road, Laxmi Bai Nagar, Lajpat Nagar, Maternity and Gyne Hospital, Sector 5, R K Puram

**North Zone, Delhi :** Pusa Road, Janak Puri, Shakurbasti

**East Zone, Delhi :** Kingsway Camp, Laxmi Nagar, Timarpur, Shahdara, Vivek Vihar, Subzi Mandi

The tests that are presently available at each of these CGHS diagnostic labs are annexed for information. These Laboratory services are free both for serving as well as pensioner beneficiaries. It is the endeavor of CGHS to make the report available online to the beneficiaries through beneficiary login.

In case, a beneficiary desires hard copies, the same could be obtained from the Lab/Wellness Centre concerned as at present.

In addition to these CGHS Diagnostic Lab facilities, the sample collection facilities of Hind Lab (under Ministry of Health and FW) is available at the CGHS Wellness Centres, as given below. The Test results from the collection facilities are also available the same day for most of the tests.

## LOCATION OF HIND LAB COLLECTION CENTRE

S No.	Name of Wellness Centre	Address with Code
1	R K Puram Sector 12(D-57)	Laboratory & Collection Centre CGHS Wellness Centre Bldg, Sector 12 R K Puram, New Delhi -22
2	Sadiq Nagar (D-63)	CGHS Wellness Centre Bldg, Sadiq Nagar Sector 3 ( Near GK 1) New Delhi 110049
3	Chanakya Puri (D-23)	D-II/257-259 Vinay Marg, New Delhi
4	Pandara Road (D-2)	D-II/365-367 Pandara Road, New Delhi
5	Janak Puri – 2 (D-74)	C-4A, Janak Puri Near Super Speciality Hospital, New Delhi - 58
6	Shalimar Bagh (D-88)	Bp Block, Shalimar Bagh, Delhi-88 Near Maharani Ayurvedic Hospital
7	Kingsway Camp ( D-60)	Cghs Well Ness Centre, New Police Lines Kingsway Camp, Delhi
8	Shahadara ( D-49)	CGHS Wellness Centre, Mansarovar Park Shahadara, Delhi 110032
9	Netaji Nagar (D-21)	R K Puram, Sector 13 Cghs Bhawan New Delhi
10	Medical Centre PHA	Parliament House Annex
11	Hauz Khas (D-47)	Cghs Dispensary Bldg, Hauz Khas, SDA, N Delhi
12	Ghaziabad ( D-68)*	CGHS Bldg, Kamla Nehru Nagar, Ghaziabd 201002
13	Noida ( D-85)*	R-51 Near Modern School, Sector 11, Noida 201301
14	Gurugram Sec. 55(d-92)*	Sect 55 Opp. Huda Market, Gurugram
15	Gurugram (d-73)*	Plot No. 556, Opp H No. 49, near Huda Ground, SEC. 5, Gurugram

\*to be made functional shortly

All the beneficiaries are requested to avail the free diagnostic facilities from CGHS Diagnostic Laboratories and HIND Lab sample collection centre located at the Wellness Centre

## INCOME TAX

### RATE SLABS FOR SENIOR CITIZENS

#### From 60 to 80 years of age : Income Slab Rate Of Tax

Up to Rs. 3,00,000	Nil
Rs. 3,00,001 to Rs. 5,00,000	5% (if taxable income is up to 5 lacks, the tax liability is NIL
Rs. 5,00,001 to Rs. 10,00,000	Rs. 10,000 +20% of amount above Rs.5 lacks
Above Rs. 10,0000	Rs. 1,10,000 + 30% of amount above Rs. 10 lacks Surcharge (subject to Marginal Relief).

If income is more than 50 lacks then percentage vary from 10% to 37%.

Health and Education Cess 4% of Income Tax + Surcharge

### INCOME TAX RATE SLABS FOR SUPER SENIOR CITIZENS

#### 80 years and above in age : Income Slab Rate of Tax

Up to Rs. 5,00,000	Nil
Rs. 5,00,001 to 10,00,000	20% above of 5 lacks
Above Rs. 10,00,000	Rs. 1 lack +30% above Rs. 10,00,000 Surcharge subject to marginal relief.

If income is more than 50 lacks then percentage vary from 10% to 37%.

Health and Education Cess 4% of Income Tax + Surcharge.

### Tax on Family Pension

Family Pension is taxed under the head "Income from Other Sources." Family Pension paid as regular monthly income (uncommuted pension) by the employer to a family member of an employee in the event of his/her death. Family pension is taxable after allowing a deduction of 33.33% of Rs. 15000, whichever is less.

## GRIEVED

With profound grief, we inform about our members who left for their heavenly abode

Shri Brij Mohan(631)	C3A/98C, Janak Puri, New Delhi.
Shri I. L. Bahel (230)	C5A/266, Janak Puri, New Delhi.
Shri K. L. Bajaj (1096)	C3/168, Janak Puri, New Delhi.
Smt. Renu Mehta (6183)	20 D, Rishi Nagar, Ludhiana, Punjab.
Shri K. K. Batra (886)	C3/411, Janak Puri, New Delhi.
Shri H. C. Batra (3076)	C3/403, Janak Puri, New Delhi.
Shri P. Chhabra (3186)	M142, Vikas Puri, New Puri.
Smt. Varsha Batra (3070)	E. A. Maya Enclave, New Delhi.
Shri S. B. Bansal (266)	C5D/27B, Janak Puri.
Sri V.P.Maidiratta (640)	C6B,42, Janak Puri.
Sri K. L. Mehta (1043)	C5D/101A, Janak Puri.
Shri Satish Bhalla (241)	C3A/143C, Janak Puri.
Shei R S. Duggal (3252)	B2/98, Janak Puri.
Shri K. L. Sharma (6043)	E.A.211, Maya Enclave, New Delhi.
Shri P.N. Shrivastav (736)	C2C/2/12, Janak Puri.
Shri B. K. Mahajan (483)	E.A.157, Maya Enclave, New Delhi.
Smt. Chander Mahajan(484)	do
Shri R.K. Joshi (2595)	WZ192, Varinder Nagar, New Delhi.
Shri R.C. Mittal (2830)	BF37, Janak Puri, New Delhi.
Smt. Shanta Mehta (1943)	C5D/101A, Janak Puri, New Delhi.
Shri V.C. Gupta (877)	C2D/101A, Janak Puri, New Delhi.
Shri P. Kapoor (1772)	905 G.K.County, Sikandra, Agra, U.P.
Shri O.P. Sharma (759)	C3/440B, Janak Puri, New Delhi.
Shri R.P. Garg (2526)	LU74, Pitam Pura, Delhi.
Shri O.P. Parasar (347)	C5B/88B, Janak Puri, New Delhi.
Shri Ashwani Kumar (5817)	D28B, Vijay Nagar, Delhi.
Shri R.K. Singh (2535)	E23,KaramPura, New Delhi.
Shri I.S. Puri (5381)	Meera Bagh, Paschim Vihar
Shri Shiv Pal Nayyar (236)	C3A/109A, Janak Puri, New Delhi

### Join

**Retired & Senior Citizens Brotherhood (Regd.)**

**MEMBERSHIP OPEN**

Email : [rscbrotherhoodnew@gmail.com](mailto:rscbrotherhoodnew@gmail.com)

### एक यात्रा जो कहावत बन गई :

कोई भी कहावत, मुहावरा या लोकोक्ति यूं ही नहीं बन जाती या लोकप्रिय हो जाती, उसके पीछे जन-साधारण के अनुभव, अनुभूतियों और तजुबों या फिर जगह विशेष का पूरा हाथ होता है। कुछ लोग, वस्तुएं, घटनाएं अपने आप में इतने असाधारण होते हैं कि वे खुद एक मिसाल बन किंदवन्ती बन जाते हैं ! समय के साथ-साथ मूल बातें या चीजें तो काल के गर्त में समा जाती हैं, रह जाती हैं उक्तियां ! पर जब कभी ऐसी ही कहावत का स्रोत सामने आ जाता है या उसकी सच्चाई पता चलती है तो चौंकना, स्वाभाविक रूप से हो जाता है ! आज ऐसी ही एक कहावत की बात "जो सुख छज्जू दे चौबारे, वो बल्ख ना बुखारे" !



आज की पीढ़ी को तो शायद चौबारे का अर्थ भी मालुम ना हो, क्योंकि अब चौबारे नहीं होते। फ्लैट होते हैं उनकी बालकनी होती है। कभी-कभार किसी फिल्म में भले ही यह नाम सुनने को मिल जाए पर सच्चाई यही है कि चौबारा अब बीते युग की बात हो गया है ! जो कि कभी घर के एक विशेष स्थान का नाम होता था जो प्रायः घर के मुख्य द्वार या दहलीज के ऊपर पहली मंजिल पर बने एक छोटे कमरे को कहा जाता था। इस के एक दरवाजे अथवा खिड़की का रुख सड़क की तरफ होता था। इस का उपयोग खासकर मनोरंजन इत्यादि के लिए किया जाता था। आज भी छज्जू का चौबारा कुछ-कुछ अच्छी हालत में अपनी कहानी कहता लाहौर में खड़ा है, पर कब तक ! क्योंकि उस पर भी रसूखदारों की गिद्ध दृष्टि पड़ चुकी है ! ये अलग बात है कि अब वैसा सुख या चैन भी वहां मयस्सर नहीं है।

अपने यहां, खास कर उत्तर भारत में एक कहावत पुराने समय से अत्यंत प्रचलित रही है, "जो सुख छज्जू दे चौबारे, वो बल्ख ना बुखारे।" जिसका मूल अर्थ यह है कि परदेस में भले ही कितना ऐशो-आराम हो, सुविधाएं हों पर जो सुख-चौन अपने घर में मिलता है वह अन्यत्र नहीं ! कहावत में बल्ख और बुखारे के उल्लेख से ऐसा लगता है जैसे कि ये दो शहर आस-पास ही स्थित हों और युग्म शब्द बन गए हों ! हमारे कोटा-बूंदी, कुल्लू-मनाली, लुधियाना-जालंधर, दमन-दीव की तरह ! पर अपनी पूरी भव्यता और संपन्नता के साथ एक ही सिल्क रूट पर स्थित होने के बावजूद, जहां बल्ख अफगानिस्तान के उत्तरी प्रांत का एक शहर है वहीं बुखारा उज्बेकिस्तान का एक शहर ! अलग-अलग देशों में, एक-दूसरे से सैंकड़ों की.मी. दूर। फिर यह छज्जू कौन है ! जिसके चौबारे का जिक्र कहावत में किया गया है ! क्या सम्बंध है इनका आपस में ! तो ऐसा समझा जाता रहा, कि बात को समझाने के लिए एक काल्पनिक नाम जोड़ लिया गया होगा। जबकि यह कोई काल्पनिक नाम नहीं है।



तकरीबन साढ़े चार सौ साल पहले लाहौर में एक सज्जन रहा करते थे जिनका नाम छज्जू भगत था। कहीं-कहीं उनका नाम छज्जू भाटिया या छज्जू मल भाटिया भी मिलता है। वे एक नेक, सहृदय, दानशील व परोपकारी सर्राफा व्यापारी थे। जो लोगों की सेवा और

प्रभु भक्ति में लीन रहा करते थे। उन्होंने ही लाहौर के अनारकली बाजार के इलाके में एक खूबसूरत व भव्य चौबारा बनवाया था। जहां दिन भर लोगों की महफिल जमी रहती थी, एक दूसरे का दुःख-सुख बंटता था ! हंसी-ठठा होता था। खाने-पीने की कोई चिंता नहीं होती थी, हर चीज का इंतजाम छज्जू भगत की ओर से किया जाता था। वहीं बैठ कर वह स्थानीय लोगों की भरसक-यथासंभव मदद किया करते थे। सारे लोग जैसे किसी अदृश्य प्रेम धागे से बंध गए थे।



उन दिनों बल्ख और बुखारे की ख्याति अपनी खूबसूरती और भव्यता के कारण दुनिया में दूर-दूर तक फैली हुई थी। इसी के चलते छज्जू मल जी के एक मित्र सूरज मल नामक सज्जन का मन वहां घूमने जाने का हुआ। वे

एक महीने का कह कर गए भी ! पर लोगों को बहुत आश्चर्य हुआ जब वे सप्ताह भर में ही लौट आए ! लोगों ने जब इसका कारण पूछा तो उन्होंने बताया कि, कहीं मन ना लगने के कारण वे बुखारा गए ही नहीं: बल्ख से ही वापस लौट आए ! क्योंकि यहां जैसा, प्यार, अपनत्व, भाईचारा कहीं दिखा ही नहीं ! उन का मन उचाट हो गया और वे बीच में ही यात्रा खत्म कर लौट आए। तब उन्होंने यह पंक्ति कही कि 'वो बल्ख ना बुखारे दू जो बात छज्जू के चौबारे' और तब से यह बात कहावत के रूप में प्रसिद्ध हो गयी।

इन सब बातों की कोई पुष्टि तो नहीं हो पाती पर जो कुछ इधर-उधर पढ़ने को मिलता है उसके अनुसार छज्जू भगत का असली नाम छज्जू भाटिया या छज्जू मल भाटिया था। वे लाहौर के रहने वाले थे। मुगल बादशाह जहांगीर के समय वे सोने का व्यापार किया करते थे। 1640 में उनके निधन के बाद उनके अनुयायियों ने लाहौर के पुरानी अनारकली स्थित डेरे में उनकी समाधि बना दी।

गगन शर्मा

### अच्छाई और बुराई

*एक सभा में एक महात्मा ने द्विवार पर बड़ा सा सफेद कोरा कागज चिपका कर उस पर मार्कर से एक छोटा सा अँट लगा कर उपस्थित लोगों से पूछा आपको क्या दिखलाई पड़ रहा है ?*

*सभी लोगों ने जवाब दिया, काळा अँट !*

*महात्मा जी बोले, कमाल है ! इतना बड़ा सफेद पेपर छोड़ सभी को काळा अँट दिखलाई पड़ रहा है ! यही हाल हम सब का है! हमें किसी व्यक्ति की सारी जिंदगी की अच्छाई नजर नहीं आती, मगर उसकी छोटी सी बुराई तुरंत नजर आ जाती है !*

मनोज गर्ग

### तन्हाई में कुछ याद करें :-

तन्हाई में कुछ याद करें। कुछ दिल से दिल की बात करें। बेवक्त से क्योंकर मांगें वक्त। खुद से चारों फरियाद करें। तन्हाई में कुछ याद करें। बचपन तो कब का बीत गया। जवानी भी इक कहानी हुई। चले के दौर में भूल गए। उम्रों की कब रवानी हुई। हसरत से खुद को देखा नहीं। आईने का अब दीदार करें। तन्हाई में कुछ याद करें। जीवन इक ताना बाना है। उलझन है या कोई तराना है। क्या सच है कहीं कुछ जाना है। फिर भी जीने का बहाना है। गिरती दिवारों को थामें। गुल को रोशन गुलजार करें। तन्हाई में कुछ याद करें।

### मेरा ख्वाब

मैंने भी इक ख्वाब सजाया  
हाथ मले और कुछ न पाया  
मैंने भी इक ख्वाब सजाया

जो बीत गया बस ख्वाब ही था ताबीर कहीं थी  
फूलों के रंग भरे थे जिसमें वो तस्वीर कहीं थी  
पतझड़ के मौसम में सोचूं क्या खोया और क्या पाया

मैंने भी इक ख्वाब सजाया  
हाथ मले और कुछ न पाया

प्यार के रिश्तों में अब वो जोशे मोहब्बत कहीं थी  
अंजानो की बस्ती में अपनों की ख्वाहिश कहीं थी  
गुलशन पाने की हसरत में खुद से ही खुद को बिसराया

मैंने भी इक ख्वाब सजाया  
हाथ मले और कुछ न पाया

गुलशन कालिया

### वक्त कैसा चला, पता ही नहीं चला !

वक्त कैसा चला, पता ही नहीं चला !  
कब बिछड़े बचपन, जवानी के दोस्त,  
कुछ पता ही नहीं चला !  
अब केवल यादों में सिमटे हैं,  
वे नटखट, प्यारे, चंचल दोस्त !

समय बदला, उम्र बढ़ी,  
फिर बदल गए सारे दोस्त !  
रिश्ते बदले, किरदार भी बदला,  
जीवन कब इतना बदल गया,

कुछ पता ही नहीं चला !  
फिर सेवा निवृत्ति का वक्त आया,  
मिला ओहदा वरिष्ठों का,

इक नई पारी की शुरुआत हुई !  
तब मिल अपनी ही छाया से,  
एहसास हुआ कि वक्त भी बदला,

जमाना भी बदला,  
कुछ थोड़ा सा अपना घराना भी बदला !

पर यह सब जाने कब हुआ,  
कुछ पता ही नहीं चला !

गांव के कच्चे आंगन से,  
आज कंक्रीट के जंगल तक,  
कब स्थाई निवास हुआ,  
कुछ पता ही नहीं चला !

फिर जब झकझोरा यादों को,  
तब जरा एहसास हुआ,  
भूल अपने पुरातन को,  
रहे व्यस्त हम जीवन में !

पर दे नीर हमारी आँखों को,  
वक्त सदा अविराम रहा !

मिली नसीहत, कुछ नहीं स्थाई,  
भूल पुरातन, न कर चिंता आगत की,  
वर्तमान ही है सार, सीख यही सनातन की !

— शारदा अरोड़ा —

### LEADERSHIP

The Chairman of TATA Steel was holding a weekly meeting with Tata Steel staff in Jamshedpur. A worker took up a serious issue. He said the quality and hygiene of toilets for the workers was very bad. Whereas, he pointed that the cleanliness and the hygiene of executive toilets was always very good.

The Chairman asked his top executive how much time he needs to set it right. The executive asked for a month to set it right. Chairman said "I would rather do it in a day. Send me a carpenter."

Next day, when the carpenter came, \*he just ordered the sign boards to be swapped\*. The sign board on the workers' toilet displayed \*"Executives"\* and the Executives' toilet displayed \*"Workers".\*

Chairman then instructed \*this sign to be changed every fortnight.\*

The quality of both the toilets came at par in the next three days.

\*Leadership is something much more than being an Executive\*\*

Moral :

\* Problem identification requires critical thinking\*

\*\*But solving a Problem just requires creative thinking\*

This is not a story but a true incident...

Manoj Garg

### STAY HUMBLE

In a street accident, a woman tried to help the victims. Suddenly a nurse came forward and said, "Miss, excuse me! I am a nurse and I can do it better. Please step back. I have had a course in first aid and I'm trained in giving first aid and CPR."

The woman stepped aside and watched the procedure and said, "If you need a doctor, I'm just behind you."

**Humility counts!**

MANOJ GARG

## MEMBERS PLUS SPOUSES

WHO JOINED R&amp;SCB FROM 01.10.2019 TO 19.3.2022

Mem No.	NAME	DOB	ADDRESS	MOBILE NO.
6632	Sh. Lok Nath Trikha	03.03.1941	B-1A/6B Janak Puri, New Delhi 110058	9871222394
	Smt. Pushp Lata Trikha	09.04.1949	- do -	1125535018
6633	Sh. Jeet Ram	19.05.1957	14B Vikrant Enclave, G-8 Area	9968073343
	Smt. Kaushalya	07.03.1966	Rajouri Garden, New Delhi 110064	1149096532
6634	Smt. Aruna Jain	18.12.1945	194 Sector 15A, Noida - 201301	8383854595
6635	Sh. R K Sharma	24.02.1958	H No. 11 GF Premium Floors, G-5 Street	8810397819
	Smt. Sunita Sharma	15.05.1960	Vatika India Next Sec 82, Gurgaon 122004	
6636	Sh. Dinesh Kumar Hasija	31.07.1961	Flat No. 4 Pocket 2, 2nd Floor	9868131395
	Smt. Poonam Hasija	10.10.1965	C-2C, Janak Puri, New Delhi 110058	8766290260
6637	Sh. Mohan Sadhwani	04.01.1956	B-1/211 2nd Floor Janak Puri, New Delhi - 58	9711499943
	Smt. Asha Sadhwani	16.09.1955	- do -	9868776011
6638	Sh. Kishore Kumar Bhatia	05.09.1955	DG II/282A Vikas Puri, New Delhi 110018	9810445529
	Smt. Shakuntala Bhatia	01.10.1959	- do -	9871667607
6639	Smt. Sushma Budhiraja	12.09.1949	D-1/22 G. F , Rajouri Garden, New Delhi - 27	9999408878
6640	Smt. Seema Arora	08.01.1960	B-72 Gujranwala Town, Part I, Delhi 110009	9910154807
6641	Sh. Sharwan Kumar Jain	28.01.1960	A-194, Sector 46, Noida 201301	9871949306
	Smt. Manju Jain	28.01.1966	- do -	
6642	Smt. Sheela Motwani	14.04.1951	U-26A/44 FF DLF - III White Tower, Gurugram	9313184240
	Sh. G R Motwani	21.11.1944	- do -	9910233376
6643	Sh. Karan Pal	02.08.1959	182 Typte 4, Laxmi Bai Nagar, New Delhi-23	9311473224
	Smt. Gyan Devi	31.03.1958	- do -	9625298228
6644	Sh. Vas Dev Bhasin	06.06.1945	37/5 FF West Patel Nagar, New Delhi 110008	8802883734
	Smt. Saroj Bala Bhasin	16.05.1950	-- do -	9312341728
6645	Sh. Vijay Kumar Kalra	27.08.1945	Block No. 32, Qtr No. 61-62 West Patel Nagar	9899044989
	Smt. Gulshan Kalra	09.02.1951	New Delhi 110008	
6646	Sh. Mohan Lal Sanghi	25.09.1943	B-2/158 Yamuna Vihar, Delhi 110053	9818331314
	Smt. Urmil Singh	24.06.1950	- do -	9667982729
6647	Smt. Kiran	31.10.1959	DA-528 Sheeshmahal Apartment, Shalimar Bagh, Delhi 110088	9871800849
6648	Sh. Sunil Kumar Chaudhari	13.09.1959	G-502 Bestech Park Park View SPA Next	9968091999
	Smt. Renu Chaudhari	05.04.1960	Sector 67, Gurugram 122101	
6649	Sh. Jata Shankar Sharma	19.09.1954	24/46 Ram Nagar, Nandri Road, Jodhpur342015	9414559065
	Smt. Arti Sharma	06.08.1959	- do -	9928706634
6650	Sh. Desh Rattan Gulati	19.03.1958	House No. 112, Sector 10-A, Near Hero Honda	9871377788
	Smt. Madhu Gulati	08.03.1958	Chowk. Gurgaon 122001	
6651	Smt. Veena Tandon	22.11.1952	B-4/291 Paryatan Vihar, Vasundhra Enclave Delhi 110096	9818256961
6652	Smt. Rita	29.11.1959	T-39 Dayal Park, West Sagar Pur, New Delhi	9868214059
6653	Sh. Rajeev Chopra	18.03.1956	E-19 3rd Floor, Jangpura Extn. New Delhi 14	9818350524
	Sh. Neelam Chopra	20.12.1959	-- do --	9868439854
6654	Smt. Madhu Sood	28.01.1956	B-57 Vishwa Karma Colony, MB Road, N. Delhi	9810703164
6655	Sh. Rakesh K. Chaturvedi	01.01.1960	17 Vishnu Lok Colony, Kanpur Road	9560627275
	Smt. Kshipra Chaturvedi	27.07.1963	Lucknow 226012	8009724444
6656	Sh. Inder Nath Pathak	22.11.1952	Flat No. 22, Pocket 4 Shubham Apartment	9717706222
	Smt. Anita Pathak	15.03.1956	Sector 12, Dwarka New Delhi 110078	9818577640

## MEMBERS PLUS SPOUSES

WHO JOINED R&amp;SCB FROM 01.10.2019 TO 19.3.2022

Mem No.	NAME	DOB	ADDRESS	MOBILE NO.
6657	Sh. Harish Chander Arora	19.04.1954	25/5 Double Storey, Ashok Nagar, N. Delhi	9871050807
	Smt. Sheela Devi Arora	04.08.1952	-- do --	
6658	Sh. Tavir Khan	31.12.1957	A-5A/314 Janak Puri, New Delhi 110058	9718348786
	Smt. Shezadi Banu	15.11.1961	-- do --	
6659	Sh. Adarsh Kohli	27.11.1955	D-1/79 Janak Puri, New Delhi 110058	9711106367
	Sh. Abha Kohli	11.04.1958	-- do --	
6660	Sh. Ashok Kumar Mehrotra	20.09.1958	B-1/231 1st Floor, Janak Puri, New Delhi - 58	9810566073
	Smt. Mamta Mehrotra	23.07.1963	-- do --	9999045635
6661	Sh. J P Sharma	01.01.1949	C-30B West Jyoti Nagar, Gali No. 5	9818200320
	Smt. Shavitri Sharma	06.2.1955	Durga Puri Chowk, Shahadara, Delhi 110032	
6662	Sh. Shri Chand Sharma	02.01.1955	House No. 44, Gali No. 2	9650463855
	Smt. Kamlesh Sharma	25.12.1957	Village Gokulpur, Delhi 110094	8800760402
6663	Smt. Paramjeet Kaur Rosha	11.09.1960	Flat No. 460 FF Sector 13, Pocket - B Phase II, Dwarka New Delhi 110078	9811233146
6664	Smt. Nirmla Rani Rajpal	19.03.1959	Gali No. 4, H No. 16/86, Joshi Road	9958347719
	Sh. Ramesh Rajpal	17.11.1952	Karol Bagh, New Delhi 110005	
6665	Smt. Neelam Garg	05.09.1957	Aggarwal Bhawan, G T Road, Panipat 132103	9812022500
	Sh. Vijay Garg	30.06.1952	-- do --	9812095652
6666	Sh. Inder Jit	12.03.1950	Flat No. 122, Parmarth Apartment	9650391125
	Smt. Saroj Bala	05.07.1955	Vikas Puri, D Block, New Delhi 110018	
6667	Sh. Amarjit Singh Sachdeva	24.6.1955	WZ-23, 2nd Floor Gali No. 2	9818969701
	Smt. In derjeet Kaur	23.10.1960	Variinder Nagar, New Delhi 110058	
6668	Sh. S P Kukreti	16.12.1958	Q-61 2nd Floor Rajouri Garden New Delhi 27	981808128
	Smt. Purnima Kukreti	22.06.1961		
6669	Sh. Jaipal Singh Chaudhary	20.01.1960	Flat No. 541 Bhawalpur Apartment	9650106622
	Sh. Verkha Chaudhary	9818590464	Plot No. 1, Sector 4, Dwarka New Delhi 110078	9818590464
6670	Sh. Karamjit Singh	12.08.1945	Flat No. 165, Plot No. 1, Bhawalpur CGHS Ltd Sector 4, Dwarka New Delhi 110078	9899098793
6671	Sh. Om Prakash Gupta	01.11.1960	WZ-836 A Gali No. 17A, Sadh Nagar	9868502841
	Smt. Manju Gupta	06.09.1966	Near Railway Line, Palam Colony, N Delhi	9868004896
6672	Sh. Manoj Garg	25.02.1961	C-3/239 TF, Janak Puri, New Delhi 110058	9958508475
	Smt. Jyotsna Garg	22.08.1965	-- do --	9968048664
6673	Sh. Naresh Kumar Bajaj	28.10.1954	HU-14, Pitam Pura, New Delhi 110034	9811011661
	Smt. Urmila Bajaj	01.10.1958	- do -	9873922449
6674	Smt. Alka Gupta	27.11.1960	57, Plot No. 7 Manzil Apartment, Sector 9 Dwarka, New Delhi 110077	9968091937
6675	Sh. Bharat Airi	23.01.1959	1105 Sector 37 Arun Vihar, Noida 201301	9868024121
	Smt. Kiran Airi	15.12.1960	-- do --	9560206611
6676	Sh. Ravi Dhingra	10.04.1959	15/88 Subhash Nagar, New Delhi 110027	9810157520
	Sh. Anita Dhingra	14.06.1962	-- do --	9810057520
6677	Sh. Kavi Bhasin	11.01.1960	Swami Dayananad Apartment, C-202, Plot 5	9811054352
	Sh. Kavita Bhasin	05.06.1964	Sector 6, Dwarka, New Delhi 110075	8810360790
6678	Sh. Rajender Pal Jalota	11.10.1959	2228 Raja Park, Shakur Basti, Rani Bagh, Delhi	9810166174
	Smt. Sunita Jalota	01.04.1961	-- do --	9810039620
6679	Sh. Avtar Singh Makkar	08.08.1949	43-A Pocket No. 2 Double Story Janta Flats	9711328852
	Smt. Tarvinder Kaur	17.12.1953	Paschim Puri, Punjabi Bagh Club Road, Delhi	

## MEMBERS PLUS SPOUSES

WHO JOINED R&amp;SCB FROM 01.10.2019 TO 19.3.2022

Mem No.	NAME	DOB	ADDRESS	MOBILE NO.
6680	Sh. Ravinder Aggarwal	24.03.1955	A2/604Krishan Apra Garden, Indira Puram	9818699894
	Sh. Rekha Aggarwal	18.08.1960	Ghaziabad 201014 near Shipra Mall	9868863805
6681	Wg. Cdr. Avinash Surena	02.02.1947	EA 186 Maya Enclave, New Delhi 110064	9999471071
	Smt. Neelam Surena	20.05.1954	-- do -	
6682	Sh. Ashok Kumar Chaudhry	13.06.1959	Road No. 1, House No. 11, Punjabi Bagh Extn	9891404900
	Smt. Madhu Chaudhary	27.02.1964	New Delhi 110026	9891230012
6683	Sh. Subhash Chander Sethi	20.05.1948	G-50, 1st Floor, Vikas Puri, New Delhi 110018	9312049252
	Smt. Asha Sethi	20.07.1950	-- do --	9818420700
6684	Sh. Shakeel Ahmed	29.07.1956	F57/11 2nd Floor, Jamia Nagar, New Delhi 25	9868573658
	Smt. Shabana	23.08.1969	-- do --	
6685	Sh. Harjit Singh	14.12.1955	4B/11 Tilak Nagar, New Delhi 110018	8800507505
	Smt. Ravinder Kaur Sethi	15.03.1955	-- do --	
6686	Sh. Arvinder Pal Singh	30.08.1957	A-67 Clock Tower, Hari Nagar, New Delhi 64	9891143885
	Smt. Parvinder Kaur	22.02.1965	-- do --	8447731265
6687	Smt. Arvinder Kaur	29.05.1959	A-65 Hari Nagar, Clock Tower, New Delhi 64	9910774298
6688	Sh. Jatinder Pal Singh	09.11.1958	A-67 Clock Tower, Hari Nagar, New Delhi 64	9810788707
	Smt. Gurvinder Kaur	01.03.1957	-- do --	9871288620
6689	Sh. Harbhajan Singh	01.04.1947	C-18 Hari Nagar, 1st Floor, New Delhi 110064	9350133336
6690	Smt. Renu Arora	03.03.1957	Flat No. 81, Gangotri Apartment, Vikas Puri	9971878441
	Sh. Ramesh Kumar Arora	24.07.1955	New Delhi 110064	9811559714
6691	Smt. Neelam Kler	07.06.1954	H No. 5480 Gali No. 71, Regarpura, Karol Bagh	8860725602
			New Delhi 110005	
6692	Smt. Suman Gautam	12.08.1957	16/849 Plot No. 19, Anand Estate, Joshi Road	9871506124
			Flat No. 303, Karol Bagh, New Delhi 110005	
6693	Smt. Asha Grover	14.11.1956	30-A, Single Story, Ramesh Nagar, New Delhi	9958041401
6694	Smt. Vijay Sharma	22.02.1957	9/111-112 Ramesh Nagar, New Delhi 11015	9971972132
6695	Smt. Nishi Rani	12.03.1961	45 Maya Apartment, Vikas Puri, New Delhi	8383994239
6696	Sh. Kulvinder Singh Kukreja	11.12.1960	B-3/143 1st Floor, Janak Puri, New Delhi 110058 9899145276	
	Smt. Jaspal Kaur Kukreja	01.02.1962	-- do --	9873145276
6697	Sh. Anil kumar Gandhi	13.3.1962	B3/143 Janak Puri, UGF New Delhi 110058	9560650297
	Smt. Renu Gandhi	15.12.1965	-- do --	
6698	Sh. Surender Singh	08.05.1954	GH-4/123 Meera Apartment, Paschim Vihar	9810954879
	Smt. In derjeet Kaur	02.07.1961	New Delhi 110063	9958163399
6699	Sh. D P Singh	02.07.1955	C-2/81 Himalayan Residency, Plot No. 10	8826009986
	Smt. Paramjeet Kaur Rosha	17.10.1958	Sector 22, Dwarka, New Delhi 110077	9873987947
6700	Sh. Kirpal Singh	09.09.1949	28/26 Punjabi Bagh Extn, New Delhi 110026	8384025251
6701	Smt. Suman Katyal	11.02.1959	83-84, Pocket 4, Sctor 25, Rohini, Delhi 110085	9540476333
6702	Sh. Uggar Sain Goyal	15.08.1960	259 Kamla Nehru Nagar, Bhatinda 151001	9780532964
	Smt. Shshi Goyal	27.08.1961	-- do --	
6703	Sh. Ravinder Aggarwal	08.01.1950	Flat A-203, Palam Court Apartment, Plot No. 3	9871119828
	Smt. Kiran Aggarwal	02.10.1951	Sector 19-B, Dwrka, New Delhi 110075	9971115484
6704	Sh. Hans Raj Arora	08.09.1946	A-70. Vijay Park, Naya Bazar, Najafgarh, Delhi	9968397983
6705	Sh. Balraj Kumar	20.09.1947	Street No. 2, Janak Park, Near Sanatan Dharam	9313065928
	Smt. Pooja Mahajan	06.11.1958	Hari Nagar, New Delhi 110064	8188350847
6706	Smt. Kamlesh Sharma	01.04.1953	GH 5 & 7/219 Paschim Vihar, New Delhi 11087	9971811660

## MEMBERS PLUS SPOUSES

WHO JOINED R&amp;SCB FROM 01.10.2019 TO 19.3.2022

Mem No.	NAME	DOB	ADDRESS	MOBILE NO.
6707	Sh. Vijay Kumar Chopra	30.07.1954	Flat No. 24, Pocket F-25, Sector 3, Rohini, Delhi	9968290225
	Smt. Santosh Chopra	10.01.1962	-- do --	9910808355
6708	Sh. Rajeswara Rao Pert	15.04.1952	303 Vayuputra Heights, Chandrapalam Durganagar, Vishakhapatnam 530041	9494855628
6709	Sh. Tajinder Singh	05.03.1953	5B/33 3rd Floor, Tilak Nagar, Near Haldiram	8447727332
	Smt. Daljeet Kaur	25.12.1957	New Delhi 110018	9953536377
6710	Sh. Manmohan Singh	12.02.1958	30A/75 West Punjabi Bagh, New Delhi 11026	981285589
	Smt. Bhupinder Kaur	14.07.1959	-- do --	
6711	Sh. Harbans Singh	08.02.1955	26 Basant Kunj, Transport Nagar, Meerut	9837089334
	Smt. Mohinder Kaur	24.05.1955	-- do --	
6712	Sh. Davinder Singh	25.12.1958	5B/33 3rd Floor, Tilak Nagar, New Delhi 110018	9999336051
	Smt. Satwinder Kaur	29.01.1958	-- do --	9999488152
6713	Smt. Jarnail Kaur	12.03.1960	WZ-243A, Street No. 3, Ground Floor	9811345982
	Sh. Kuldeep Singh	14.08.1958	Variinder Nagar, New Delhi 110058	
6714	Sh. Som Nath	20.04.1961	H No. 173, Block No. 10, Opp. Shiv Mandir	8130896404
	Smt. Veena Kumari	12.09.1965	Geeta Colony, Delhi 110031	
6715	Sh. Surinder Singh Bhasin	11.08.1952	B-239 Derawal Nagar, Ground Floor, Model	9891929209
	Smt. Amardeep Kaur	06.09.1958	Town, Delhi 110009	
6716	Smt. Gurjinder Kaur	27.07.1953	No.68, Ladmi Niwas, 8th Floor, B Block Marshalls Road, Egmore, Chennai 600008	9840140016
6717	Smt. Shashi Kohli	24.09.1950	5 Regency Apartment, 3rd Floor 3-C, Nungambakkam, Chennai 600034	9884064427
6718	Smt. Shashi Mehendiratta	12.10.1961	55 HIG Chandere Nagar, Ghaziabad 201011	9868801488
	Sh. Vimal Kumar	26.11.1962	-- do --	9868289988
6719	Wg. Cdr. M M Bhatia	19.05.1945	52 SFS Rajouri Apartment, Maya Puri	9868119036
	Smt. Veena Bhatia	01.11.1949	New Delhi 110064	1141444052
6720	Sh. Vikram Walia	05.05.1961	WZ-401, 2nd Floor Lane No. 22, Shiv Nagar	9891552606
	Smt. Renu Walia	10.01.1964	New Delhi 110058	7065265836
6721	Sh. Rakesh Sharma	21.08.1960	C-5B/36C Janak Puri, New Delhi 110058	9810755040
	Smt. Neelam Sharma	22.05.1964	-- do --	
6722	Sh. Rakesh Guglani	08.07.1961	C-3/51 2nd Floor, Janak Puri, New Delhi 110058	9910417421
	Smt. Anita Guglani	12.07.1963	-- do --	
6723	Sh. Ravi Kumar Sharma	36.06.1962	B-75, 1st Floor, Hari Nagar, near DDU Hospital	9810607919
	Mrs. Sukhbir Sharma	25.11.1967	New Delhi 110064	
6724	Sh. Mohan Lal Vema	01.03.1960	RZ-229 Raghu Nagar, Pankha Road, N. Delhi	9899682631
	Smt. Suman Vema	01.04.1962	-- do --	
6725	Sh. Jitender Kumar Gera	10.05.1955	J-22 1st Floor, Vikas Puri, New Delhi 110018	9868428574
	Smt. Neelam Gera	07.03.1954	-- do --	9560430463
6726	Sh. Subhash Chander Kalra	06.07.1950	E-3/20, Ground Floor, Sector 7, Rohini, Delhi	9811088755
	Smt. Usha Kalra	15.10.1955	-- do --	9873188755
6727	Sh. Ashok Chitkara	03.04.1954	I-10, 2nd Floor, Parwana Apartment	8178210055
	Smt. Anupam Chitkara	02.04.1958	Sector 9, Rohini, Delhi 110085	8920806878
6728	Smt. Krishna Devi	24.04.1943	C-3/55 Ashok Vihar, Delhi 110052	9810028994
6729	Smt. Anju Gupta	09.10.1963	301 Twin Shelton CHS, Sector 6, Plot No. 84 Navi Mumbai 400709	8652249330
6730	Sh. Vinay Aggarwal	01.04.1958	F-1408 Silicon City, Amarpali, Sec. 76, Noida	9414873097

## MEMBERS PLUS SPOUSES

WHO JOINED R&amp;SCB FROM 01.10.2019 TO 19.3.2022

Mem No.	NAME	DOB	ADDRESS	MOBILE NO.
6731	Smt. Anju Aneja	03.01.1966	5C/13 New Rohtak Road, Karol Bagh, Delhi	
6732	Smt. Sudesh Kaushik	13.05.1961	A4C/96 DDA Flats, Janak Puri, New Delhi 58	9891929121
6733	Sh. Dinesh Kumar Tiwari	05.09.1961	Tower 17, Type 4, B-2, 2nd Floor East Kidwai	9312705814
	Smt. Jasbir Tiwari	16.11.1963	Nagar, New Delhi 110023	9717265226
6734	Smt. Shanti Devi	19.01.1961	C-56/1 Indira Enclave, Near IGNOU, N Delhi	9540874982
6735	Sh. Lovkesh Sharma	27.09.1961	B-205 Maharani Aventiba CGHS Ltd.	9810689739
	Smt. Savita Sharma	15.07.1956	Plot No. 15-B, Sector 22, Dwarka, N Delhi 77	9868117939
6736	Sh.Chander Shekhar Midha	03.11.1951	H No. 19 Luxmi Enclave, Dhakoli, Zirakpura	9888606699
	Smt. Nisha Midha	21.10.1963	Distt. Mohali 160104	8699827717
6737	Sh. Jaswant Singh Satyapal	17.07.1959	Flat No. C-403, Bhriugu Apartment, Plot No. 4	9811729842
	Smt. Durga Satyapal	03.12.1965	Sector 9, Dwarka, New Delhi 110077	9899513209
6738	Sh. Sudershan Kumar Sethi 13.04.1950		35/3 Double Story, Ashok Nagar, N Delhi - 18	9811044634
6739	Sh. Dilbagh Ram Dhawan	12.08.1950	I-7/31, Sector 16, Rohini Delhi 110089	9312192488
6740	Smt. Taljit Kaur	01.09.1954	Flat No. 27, Plot No. 28, Kamakshi Apartment	9582944113
			Sector 6, Dwarka, New Delhi 110075	
6741	Sh.Jagvinder Singh	27.03.1956	WZ-81, Sector 27 Opp. Dr. Amol Kandhari	9999873842
	Smt. Sarabjit Kaur	30.03.1959	Chowk, Sant Nagar, Tilak Nagar, N Delhi - 18	9899011430
6742	Sh. Shashi Kant	24.11.1958	H No. 2560 Upper Ground Floor, Hudson Lane	9990017249
	Smt. Kamlesh Chaudhary	24.10.1962	GTB Nagar, Delhi 110009	
6743	Sh. Surinder Taneja	25.04.1960	D-89 Amar Colony, Lajpat Nagar, New Delhi-24	9582521002
	Smt Madhu Taneja	30.09.1963	-- do --	
6744	Smt. Shammi Dawar	27.06.1961	26/4 Elgin Road, Civil Lines, Allahabad 211001	
6745	Smt. Reba Mukerji	26.12.1955	204 RPS Flats, Sheikh Sarai, Phase I, N.Delhi	9871887002
6746	Mr. Madhu Seth	11.02.1948	Flat No.1102, Tower 18, Colse South, Nirvana	9412256396
	Smt. Niru Seth	07.10.1954	Sector 50, Gurgram 122018	9557556669
6747	Sh. Ramesh Chander Lohan 01.04.1957		335, Shabad CGHS Plot No. 5, Sector 13	9818575279
	Smt. Sadhna Lohan	04.10.1962	Dwarka, New Delhi 110078	99539987909
6748	Smt. Renu Kapoor	06.11.1961	B-3B/ 73C Janak Puri, New Delhi 110058	8800328200
	Sh. Nand Kapoor	17.08.1960	-- do --	
6749	Sh. Daulat Ram	28.12.1957	Flat No. 171, Plot No. 5, Shabad CGHS Ltd.	9313305995
	Smt. Pushpa Rewaliya	01.01.1960	Sector 13, Dwarka, New Delhi 110078	
6750	Sh. Vinod Kumar	02.08.1957	C-28, First Floor, Ganesh Nagar, New Delhi-18	9910658279
	Smt. Seema	28.02.1958	-- do --	9315667083
6751	Sh. Ravindra Singh Negi	17.05.1961	508 Baroda House Apartment, Sector 10	9810182463
	Smt. Anita Negi	26.12.1963	Dwarka, New Delhi 110075	9811790750
6752	Sh.Naresh Chandra Khattar	06.10.1943	90 Bharat Pur House, Khandar, Agra 282002	8006403390
	Smt. Achla Khattar	15.04.1955	-- do --	
6753	Sh. Ratts Lal Gurnani	01.04.1946	9/1, 2nd Floor, East Patel Nagar, New Delhi-08	9911202826
	Smt. Pushpa Gurnani	02.05.1947	-- do --	
6754	Smt. Anuradha Sati	01.08.1961	H No. 124-C, G and J U Block, Green Apartment	9810975496
	Sh. Harish Sati	15.01.1962	DDA Flat, Pitampura, Delhi 110034	9818299047
6755	Sh. D K Paliwal	10.01.1958	C-56 Ayudha Vihar, Plot No. 3, Sector 13	8826192323
	Smt. Deepa Paliwal	31.05.1961	Dwarka, New Delhi 110078	9868302573
6756	Sh. Shtiniwas Agarwal	28.02.1949	1099 Sector A, Pocket A, Vasant Kunj, N Delhi	9311129249
	Smt. Sulochana Agarwal	15.08.1958	-- do --	

## MEMBERS PLUS SPOUSES

WHO JOINED R&amp;SCB FROM 01.10.2019 TO 19.3.2022

Mem No.	NAME	DOB	ADDRESS	MOBILE NO.
6757	Smt. Reema Kaur	18.04.1961	C-34, Hari Nagar, Clock Tower, New Delhi - 64	9899009025
6758	Smt. Kokila Prakash	06.02.1957	EA=127 Maya Enclave, New Delhi 110064	8800643122
	Sh. Om Prakash Gupta	05.05.1952	-- do --	
6759	Sh. Ramesh Agrawal	20.10.1959	House No. 654, Sector 8, Faridabad 121006	9891310100
	Smt. Asha Agrawal	22.08.1960	-- do --	
6760	Sh. Hemant Datta	09.06.1956	441 Vikas Kunj, Vikas Puri, New Delhi 110018	9891959690
	Smt. Nirmal Datta	19.09.1957	-- do --	8285666595
6761	Sh. Sarvesh Kumar Gupta	19.08.1956	Lane No. 4, House No. 4, Kali Mandir Enclave	9760299266
	Smt. Alka Gupta	08.12.1959	G M S Road, Dehradun 248001	9411106174
6762	Sh. Premchand Banarsilal	12.10.1948	B-1/296 Janak Puri, New Delhi 110058	9810071919
	Gupta			9810231500
6763	Sh. Rajnish Wadhawan	14.05.1956	B-106 Panchsheel Apartment, Plot No. 9	8171561879
	Smt. Renu Wadhawan	04.10.1957	Sector 10, Dwarka, New Delhi 110075	9871509762
6764	Smt. Malti Mehta	22.10.1952	50-R Model Town, Panipat 132103	9729700078
6765	Smt. Balbir Kaur	04.12.1956	70 Amirchand Khandgiri Nagar, Kalkaji, N Delhi 9582003661	
6766	Sh. Vijay Kumar Sehgal	17.01.1957	Ward No. 3, Pilibanga, Hanumangarh, Rajasthan 9414512088	
	Smt. Suman Sehgal	01.01.1959	-- do --	9460306001
6767	Smt. Sadhna Manchanda	22.08.1960	D1A/A2 Janak Puri, New Delhi 110058	9891523963
6768	Smt. Shashi Kumar	10.01.1962	B-84 Mansarovar Garden, 2nd Floor, N. Delhi	7678131832
6769	Sh. Ramesh C. Khanna	01.01.1952	Road No. 6, House No. 32, East Punjabi Bagh	9810095297
6770	Sh. Jagdeep Chhabra	31.12.1954	B-15, 1st Floor, Kalindi Colony, New Delhi 65	9212618555
	Smt. Neeta Chhabra	27.08.1957	-- do --	
6771	Smt. Renu Bala	01.07.1960	5/11 Ground Floor, Ashok Nagar, New Delhi 18	9818663015
6772	Sh. Vijay Kumar Jindal	01.03.1960	59 Upper Ground Floor, East Punjabi Bagh	8470076677
	Smt. Sushma Jindal	03.01.1964	New Delhi 110026	
6773	Sh. Surendra Rawat	02.12.1957	B-95, Sector 47, Noida 201301	9873439092
	Smt. Prabha Kumari Rawat	18.06.1961	-- do --	
6774	Sh. Anil kumar	07.09.1951	EA-161 Maya Enclave, Hari Nagar, N Delhi 64	9868275060
	Smt. Sharda Mehra	13.11.1955	-- do --	6868842280
6775	Smt. Kusum Chandan	14.05.1957	C-2/255 Janak Puri, New Delhi 110058	9811038120
	Sh. Naresh Chandan	09.06.1956	-- do --	
6776	Smt. Saroj Gupta	26.06.1960	E-4/1 Model Town II, Delhi 110009	9891111701
6777	Sh. Anil Kumar Arora	09.05.1961	C-4F/90 Janak Puri, New Delhi 110058	9311120291
	Smt. Sunita Arora	17.10.1961	-- do --	9811966510
6778	Smt. Kusum Lata Bansal	31.12.1953	Flat No. 1049 GH-13, Paschim Vihar, N Delhi	9582723805
6779	Sh. Suresh Kumar Bansal	10.02.1951	14/25 Mohalla Masjid, Bahadur Garh(jhajjar)	9818141734
6780	Sh. Jagdish Khemani	17.10.1961	J-184, 2nd Floor, Vikas Puri, New Delhi 110018	9891798494
	Smt. Veen Khemani	12.08.1965	-- do --	8851947758
6781	Sh. Rahul Nagpal	21.12.1953	A-2/G-02 Mahindra Chloris Apartment	9868307773
	Smt. Pravesh Nagpal	07.04.1956	Sector 19, Faridbad 121002	9868309990
6782	Smt. Raj Choudhary	21.04.1954	J-6/93 Rajouri Garden, New Delhi 110027	9911339994
6783	Smt. Mamta Kumaria	08.05.1954	D-74, 3rd Floor, Sun City, Sector 54, Gurugram	9968258556
6784	Smt. Rashmi Anand	23.11.1958	61/24 Ramjas Road, Karol Bagh, New Delhi	9871308533
	Sh. Rajesh Anand	21.08.1953	-- do --	
6785	Dr. Ashok Paliwal	01.05.1954	Jagdamba Kunj, 16, Bilvakeshwar Nagar	7500009451
	Smt. Malti Paliwal	01.04.1960	Haridwar 249401	9412070833

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WHO JOINED R&amp;SCB FROM 01.10.2019 TO 19.3.2022

Mem No.	NAME	DOB	ADDRESS	MOBILE NO.
6786	Sh. Rajesh Gupta	13.04.1960	B-1/238 Ground Floor, Janak Puri, New Delhi	9891672691
	Smt. Shashi Bala	16.06.1954	-- do --	
6787	Sh. Ramesh Kumar	01.01.1959	RZ-127B, Gali No. 7, East Sagar Pur, N Delhi	9868169106
	Smt. Dharamwati	07.1.1965	-- do --	
6788	Sh. Sharad Chandra Kapoor	06.04.1953	C-2/24 1, 2nd Floor, Janak Puri, New Delhi-58	9891179154
	Smt. Usha Kapoor	29.01.1956	-- do --	
6789	Sh. Shriyans Kumar Jain	05.06.1959	A-155 Sector 46, Noida 201301	9410464022
	Smt. Anita Jain	15.04.1967	-- do --	9968761546
6790	Sh. Gulshan Kumar Grover	05.05.1958	A-26, Sector 46, Noida 201301	9818701315
	Smt. Harish Grover	26.01.1962	-- do --	8800374350
6791	Smt. Kanta Juneja	05.05.1959	B-1/193 First Floor, Janak Puri, New Delhi	9811798453
6792	Sh. H K Bhasin	15.01.1955	D-149 Mansarovar Garden, New Delhi 110015	9810185230
	Smt. Nisha Bhasin	15.07.1957	-- do --	9899966362
6793	Sh. Vijay Dhingra	03.05.1954	1/32 UGF, Ashok Nagar, New Delhi 110018	9891251616
	Smt. Asha Dhingra	22.09.1958	-- do --	9871241616
6794	Smt. Sulakshna Kapoor	06.07.1960	C-3A/101B Janak Puri, New Delhi 110058	9990787185
	Sh. Anil Kapoor	25.04.1957	-- do --	
6795	Smt. Uma Devi	09.09.1956	B2C/7B, 2nd Floor, Janak Puri, New Delhi 58	8447548183
6796	Smt. Manjeet Sethi	22.10.1957	B-21 Fateh Nagar, Near Jail Road, New Delhi	7503461045
6797	Sh. Subodh Kumar Singhal	07.02.1950	B-603 Hanging Garden, Jaisinghpura Road	8949807624
	Smt. Suman Singhal	09.07.1955	Bhankrota, Jaipur 302026	9462876092
6798	Sh. Balbir Singh	04.07.1956	WZ-240 Virender Nagar, Gali No. 7, N. Delhi	9810068390
6799	Col. P K Chaudhary	15.08.1949	55-L Model Town, Panipat 132103	981225151
	Smt. Anju Chaudhary	16.11.1955	-- do --	9215917555
6800	Smt. Meera Sharma	03.06.1963	A-1504 Adani Oyster Grand, Gurugram 122505	9934183808
6801	Sh. Krishna Nand Srivastava	7459845572	Room No. 517, Heavenly Palace, PO Doraha	7459845572
			Distt. Ludhiana 141421	
6802	Smt. Sunita Agarwal	05.07.1952	150, D-1 Shanti Vihar, Govindgarh, Dehradun	9412052067
6803	Sh. Sanjay Kumar Garg	15.05.1960	A-237, 1st Floor, Meera Bagh, outer Ring Road	8811253449
	Smt. Rama Garg	03.02.1965	New Delhi 110087	
6804	Smt. Chanchal Gupta	20.07.1942	C-1A/58C Janak Puri, New Delhi 110058	9718698005
6805	Smt. Rita Bhasin	20.06.1953	J-3/129 Ground Floor, Rajouri Garden, N.Delhi	9818560039
6806	Sh. Jaspal Singh Virk	02.02.1955	F-199 Mansarovar Garden, New Delhi 110015	9810058275
6807	Sh. Paramjeet Singh	20.02.1955	C-39 Fateh Nagar, New Delhi 110018	9810446071
	Smt. Harjeet Kaur	22.06.1961	-- do --	9910350576
6808	Sh. Manoj Sahni	12.09.1958	103C/GH-10, Sunder Apartment, Paschim	9311193555
	Smt. Sushma Sahni	12.09.1961	Vihar, New Delhi 110087	9310214939
6809	Sh. Surinder Pal	28.01.1962	BE-212 Gali No. 6, Hari Nagar, New Delhi 110064	9650025720
	Smt. Anita	30.07.1967	-- do --	9958375666
6810	Sh. Manjit Singh Uppal	18.10.1950	A6/703, Swastik Palms, Azad Nagar, Thane (W)	9324761106
			opp G B Road, 400687	
6811	Sh. Naval Khanna	28.12.1957	BL-51 L Block, Hari Nagar, New Delhi 110064	9810088418
6812	Sh. Arvind Kr. Mishra	23.03.1946	5/2 Kali Mandir Endave, G M S Road, Dehradun	9410355052
	Smt. Rakesh Mishra	06.10.1951	-- do --	9411768832
6813	Smt. Kawal Jeet Kaur	14.02.1956	B-72 Ganesh Nagar, PO Tilak Nagar, New Delhi	9910882486
6814	Smt. Nirvighan Kaur	30.09.1959	GD-6A GF, Street No. 13, G block, Hari Nagar	9891739921

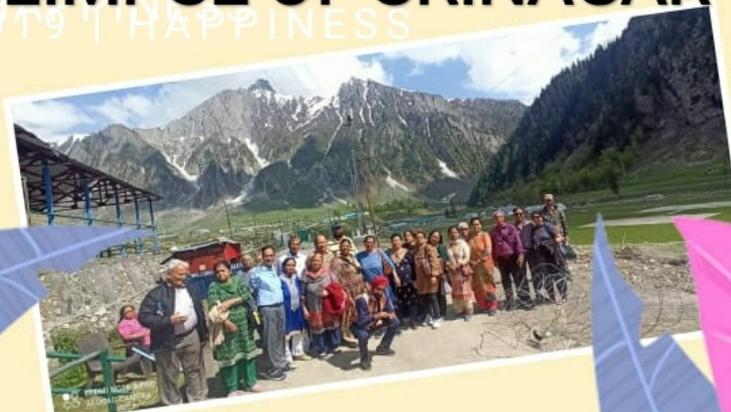
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